

RNR All Time Appearances - Colchester Harriers

Name	Team	Last Year	Stage	Age	Age%	Appearances	First Year
Richard Beard	COL	2012	5	60	64.55	2	2009
Richard Beard	COL	2009	16	57	76.13		2009
Trev Cook	COL	2012	3	55	43.07	2	2011
Trev Cook	COL	2011	16	54	50.02		2011
Tony Dadd	COL	2012	15	44	76.44	3	2009
Tony Dadd	COL	2011	12	43	73.58		2009
Tony Dadd	COL	2009	9	41	74.71		2009
Allan Davies	COL	2012	14	65	62.48	3	2009
Allan Davies	COL	2011	8	64	63.26		2009
Allan Davies	COL	2009	3	62	60.44		2009
Frank Dudbridge	COL	2009	10	42	75.49	1	2009
Bronwyn Elliott	COL	2011	15	43	46.25	2	2009
Bronwyn Elliott	COL	2009	7	41	47.40		2009
Andrew Evans	COL	2012	2	46	62.05	1	2012
Jeanette Evans	COL	2012	16	41	59.95	1	2012
Alastair Fadden	COL	2011	7	46	73.54	1	2011
Antonio Franco	COL	2011	13	28	68.56	1	2011
Malcolm Holmes	COL	2011	3	63	56.53	2	2009
Malcolm Holmes	COL	2009	6	61	54.17		2009
Emma Keller	COL	2012	13	26	57.82	1	2012
Andy Kemp	COL	2011	11	41	55.56	2	2009
Andy Kemp	COL	2009	1	39	55.63		2009
Julie Loader	COL	2012	8	45	59.44	2	2011
Julie Loader	COL	2011	14	44	56.68		2011
Neil Loader	COL	2012	10	45	67.63	2	2011
Neil Loader	COL	2011	2	44	66.72		2011
Nick Mitchell	COL	2012	11	52	61.91	2	2011
Nick Mitchell	COL	2011	10	51	65.75		2011
Richard Piron	COL	2012	4	60	68.98	2	2011
Richard Piron	COL	2011	17	59	75.77		2011
Sarah Robinson	COL	2012	6	26	56.77	1	2012
Dave Sheffield	COL	2012	7	30	60.44	3	2009
Dave Sheffield	COL	2011	9	29	57.51		2009
Dave Sheffield	COL	2009	14	27	57.37		2009
Kevin Shelton-Smith	COL	2009	11	49	74.58	1	2009
Bill Shingleton	COL	2012	12	44	66.50	3	2009
Bill Shingleton	COL	2011	1	43	64.07		2009
Bill Shingleton	COL	2009	2	41	66.79		2009
Paul Smith	COL	2009	13	42	58.90	1	2009
Mike Statham	COL	2011	6	57	66.81	1	2011
Paul Stuart	COL	2009	4	45	63.22	1	2009
Mark Tinkler	COL	2012	1	55	66.85	2	2009
Mark Tinkler	COL	2009	17	52	67.50		2009
Lucy Tomlinson	COL	2009	8	30	53.11	1	2009
Anna Townley	COL	2009	15	37	45.58	1	2009
Stuart Trevallion	COL	2012	17	46	75.19	2	2009
Stuart Trevallion	COL	2009	12	43	65.92		2009
Stuart Warren	COL	2012	9	40	58.70	3	2009
Stuart Warren	COL	2011	5	39	50.93		2009
Stuart Warren	COL	2009	5	37	51.84		2009
Helen Woolley	COL	2011	4	36	59.19	1	2011