

RNR All Time Appearances as at 2016

Name	Club	First Year	Appearances	Last year
Wendy Aldhouse	Haverhill Running Club	2010	3	2012
Roger Ash	Haverhill Running Club	2000	2	2002
Alison Austin	Haverhill Running Club	2006	2	2007
Tony Bacon	Haverhill Running Club	2015	2	2016
Mark Bailey	Haverhill Running Club	2012	1	2012
Bill Banner	Haverhill Running Club	2015	2	2016
Michael Banner	Haverhill Running Club	2014	1	2014
Andy Barber	Haverhill Running Club	2015	2	2016
Martin Barker	Haverhill Running Club	2006	1	2006
Sian Barker	Haverhill Running Club	2010	4	2014
Barry Barnes	Haverhill Running Club	2015	1	2015
Suzanne Barnes	Haverhill Running Club	2015	1	2015
Andy Bell	Haverhill Running Club	2013	1	2013
Louise Bircher	Haverhill Running Club	2004	1	2004
Ian Blythe	Haverhill Running Club	2001	1	2001
Tom Bradbury	Haverhill Running Club	2001	1	2001
Terry Braverman	Haverhill Running Club	2007	2	2012
David Bray	Haverhill Running Club	2008	7	2016
Paul Brough	Haverhill Running Club	2001	5	2006
Lee Brown	Haverhill Running Club	2016	1	2016
Paul Buckle	Haverhill Running Club	2012	1	2012
Jill Bunch	Haverhill Running Club	2008	3	2013
Trevor Bunch	Haverhill Running Club	2007	5	2012
Mark Causey	Haverhill Running Club	2000	10	2013
Nigel Chapman	Haverhill Running Club	2000	5	2008
Philip Clarkson	Haverhill Running Club	2000	4	2003
Alison Couldry	Haverhill Running Club	2007	2	2008
Mathew Cowell	Haverhill Running Club	2015	1	2015

Name	Club	First Year	Appearances	Last year
Richard Crown	Haverhill Running Club	2003	1	2003
David Dockerill	Haverhill Running Club	2000	10	2013
Jackie Dockerill	Haverhill Running Club	2000	11	2015
Siobhan Dockerill	Haverhill Running Club	2014	2	2015
David Edwards	Haverhill Running Club	2006	3	2014
Ian Elden	Haverhill Running Club	2016	1	2016
Georgina Ellis	Haverhill Running Club	2003	1	2003
Tim Ellis	Haverhill Running Club	2000	11	2014
Becky Espin	Haverhill Running Club	2003	4	2007
Dave Evans	Haverhill Running Club	2007	1	2007
Yusuf Firat	Haverhill Running Club	2011	6	2016
Shirley Fowler	Haverhill Running Club	2011	2	2015
Wendy Freeman	Haverhill Running Club	2004	2	2006
Paul Game	Haverhill Running Club	2011	1	2011
Michael Gilbert	Haverhill Running Club	2016	1	2016
Chris Gilbert	Haverhill Running Club	2016	1	2016
Dave Greenham	Haverhill Running Club	2000	10	2014
John Hazard	Haverhill Running Club	2002	2	2003
Duncan Henry	Haverhill Running Club	2014	2	2015
Phil Jarvis	Haverhill Running Club	2013	2	2015
Dan Jones	Haverhill Running Club	2014	1	2014
Nick Kirkham	Haverhill Running Club	2012	2	2013
Paul Krause	Haverhill Running Club	2016	1	2016
Martin Lawrence	Haverhill Running Club	2010	6	2015
Ivan Layzell	Haverhill Running Club	2010	2	2012
Carol Le Roy	Haverhill Running Club	2015	2	2016
Natalie Lewis	Haverhill Running Club	2010	1	2010
Ian Longland	Haverhill Running Club	2006	5	2012
Sirkka Love	Haverhill Running Club	2010	2	2011
Nicky Mcdougal	Haverhill Running Club	2000	2	2001

Name	Club	First Year	Appearances	Last year
Kelly Mepham	Haverhill Running Club	2016	1	2016
Gordon Millar	Haverhill Running Club	2000	10	2011
Steven Miller	Haverhill Running Club	2006	1	2006
Monty Monteiro	Haverhill Running Club	2000	9	2011
Mary-Ann Mosely	Haverhill Running Club	2013	3	2015
Kim Moss	Haverhill Running Club	2000	6	2008
Paul Muffett	Haverhill Running Club	2000	2	2001
John Nevin	Haverhill Running Club	2013	1	2013
Mandy Newman	Haverhill Running Club	2000	1	2000
Jayne Nunn	Haverhill Running Club	2008	2	2010
John O'Brien	Haverhill Running Club	2002	1	2002
Roy Owen	Haverhill Running Club	2006	3	2010
Ian Pammenter	Haverhill Running Club	2006	4	2014
Ian Pammuetter	Haverhill Running Club	2004	1	2004
Jamie Randall	Haverhill Running Club	2013	3	2016
Stuart Reed	Haverhill Running Club	2000	1	2000
Stephen Reyes	Haverhill Running Club	2010	2	2011
Bryan Rootes	Haverhill Running Club	2016	1	2016
Siobhan Rootes	Haverhill Running Club	2016	1	2016
Philip Sayer	Haverhill Running Club	2001	5	2008
Natasha Scott	Haverhill Running Club	2011	2	2012
Stuart Shepherd	Haverhill Running Club	2014	1	2014
Paul Sherritt	Haverhill Running Club	2016	1	2016
Horace Shuriah	Haverhill Running Club	2011	2	2012
Craig Sisson	Haverhill Running Club	2016	1	2016
Martin Speller	Haverhill Running Club	2013	2	2014
Jack Tappin	Haverhill Running Club	2013	2	2015
James Timmis	Haverhill Running Club	2001	2	2002
Runner Unknown	Haverhill Running Club	2000	2	2000
Robert Watson	Haverhill Running Club	2007	1	2007

Name	Club	First Year	Appearances	Last year
Alex Webb	Haverhill Running Club	2001	4	2004
David Webb	Haverhill Running Club	2003	1	2003
Angela Wheatley	Haverhill Running Club	2002	3	2006
Mark White	Haverhill Running Club	2013	2	2014
Colin Wright	Haverhill Running Club	2004	1	2004