

RNR All Time Appearances as at 2016

Name	Club	First Year	Appearances	Last year
Laura Allen	RAF Marham	2014	1	2014
Robert Arthur	RAF Marham	2014	1	2014
Alan Ashby	RAF Marham	2002	2	2003
Matthew Atkinson	RAF Marham	2016	1	2016
Iain Bailey	RAF Marham	2004	1	2004
Brian Barnard	RAF Marham	2002	1	2002
Chris Bell	RAF Marham	2014	1	2014
Andrew Billinghamurst	RAF Marham	2015	1	2015
Simon Bourne	RAF Marham	2003	1	2003
Dave Brady	RAF Marham	2012	1	2012
Nick Brown	RAF Marham	2014	1	2014
Darren Burgess	RAF Marham	2012	3	2016
Ross Button	RAF Marham	2014	1	2014
Mark Caddy	RAF Marham	2012	1	2012
Ben Churchman	RAF Marham	2014	2	2016
Ben Cook	RAF Marham	2003	1	2003
James Cook	RAF Marham	2012	2	2013
Paul Cosgrove	RAF Marham	2013	1	2013
Matthew Dawson	RAF Marham	2016	1	2016
Alix Dennett-Cook	RAF Marham	2013	1	2013
Brook Doughty	RAF Marham	2016	1	2016
Mark Drayton	RAF Marham	2004	1	2004
Alan Duncan	RAF Marham	2002	1	2002
Bryn Edwards	RAF Marham	2014	1	2014
Nige Ford	RAF Marham	2003	2	2004
Duncan Freeman	RAF Marham	2003	1	2003
Suzanna Frier	RAF Marham	2002	1	2002
Geoff Frise	RAF Marham	2004	1	2004
Luke Gibson	RAF Marham	2016	1	2016

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Marc Gladwell	RAF Marham	2013	3	2015
Dougal Gow	RAF Marham	2002	1	2002
Kay Gow	RAF Marham	2002	1	2002
Daniel Hatcher	RAF Marham	2015	1	2015
Biff Henson	RAF Marham	2004	1	2004
Tracey Henson	RAF Marham	2004	1	2004
Paul Hilton	RAF Marham	2012	1	2012
Andy Hopkins	RAF Marham	2002	1	2002
David Hoskins	RAF Marham	2014	1	2014
Paul Husband	RAF Marham	2002	3	2004
Tim Hutton	RAF Marham	2004	1	2004
Louise Jones	RAF Marham	2004	1	2004
Pete Jones	RAF Marham	2003	1	2003
Steve Jones	RAF Marham	2014	1	2014
Dave Langley	RAF Marham	2016	1	2016
Sam Laughher	RAF Marham	2015	2	2016
Jamie Luke	RAF Marham	2015	1	2015
Jason Lumley	RAF Marham	2004	1	2004
Chris Maguire	RAF Marham	2012	2	2013
Steve Marsh	RAF Marham	2012	2	2014
Ash Martin	RAF Marham	2012	1	2012
Jonny May	RAF Marham	2016	1	2016
John McCarroll	RAF Marham	2002	1	2002
Andy Merrett	RAF Marham	2003	6	2016
Rem Merrick	RAF Marham	2004	1	2004
Emma Middleton	RAF Marham	2003	2	2004
Nicky Neill	RAF Marham	2012	2	2015
Steve Neill	RAF Marham	2003	2	2004
Adam Newbould	RAF Marham	2015	1	2015
Alun Nicholas	RAF Marham	2002	1	2002
Paul Nicholson	RAF Marham	2002	2	2003

Name	Club	First Year	Appearances	Last year
Kris Nothall	RAF Marham	2013	1	2013
Tracey O'Hara	RAF Marham	2002	1	2002
Ryan Onody	RAF Marham	2002	1	2002
Matthew Pamplin	RAF Marham	2012	3	2014
Simon Phillips	RAF Marham	2015	1	2015
Che Plant	RAF Marham	2003	1	2003
Keith Potter	RAF Marham	2002	1	2002
Simon Ramsden	RAF Marham	2013	1	2013
Pete Reed	RAF Marham	2015	2	2016
Ben Robinson	RAF Marham	2012	2	2013
Sean Robson	RAF Marham	2002	2	2012
Simon Rogers	RAF Marham	2014	1	2014
Alison Sandeman	RAF Marham	2003	1	2003
Paul Smith	RAF Marham	2016	1	2016
Andrew Smith	RAF Marham	2013	2	2015
Bob Stevens	RAF Marham	2012	1	2012
Mike Taylor	RAF Marham	2003	2	2004
Adam Tingey	RAF Marham	2012	4	2016
Oliver Truby	RAF Marham	2013	2	2015
Vicky Trundle	RAF Marham	2002	1	2002
Ian Tuckwell	RAF Marham	2013	4	2016
Runner Unknown	RAF Marham	2013	2	2013
Gary Walker	RAF Marham	2015	2	2016
Jacky Walsingham	RAF Marham	2015	2	2016
Ben Warnes	RAF Marham	2012	5	2016
Nicky Wastenev	RAF Marham	2003	2	2004
Steve Watson	RAF Marham	2002	1	2002
Curtis Williams-Ward	RAF Marham	2013	1	2013
Sean Willis	RAF Marham	2003	1	2003
Phil Wolstanholme	RAF Marham	2003	3	2012