

RNR All Time Appearances as at 2016

Name	Club	First Year	Appearances	Last year
Neil Adams	Riverside Runners	2000	9	2016
Russell Armstrong	Riverside Runners	2005	1	2005
Fiona Baillie	Riverside Runners	2005	1	2005
Paul Baird	Riverside Runners	2016	1	2016
D Bale	Riverside Runners	1994	1	1994
Gary Barnes	Riverside Runners	1996	14	2016
Samantha Bathgate	Riverside Runners	2012	2	2013
Mark Beagley	Riverside Runners	1997	12	2009
R Beam	Riverside Runners	1999	1	1999
Christine Bissell	Riverside Runners	2003	4	2008
Peter Bissell	Riverside Runners	2003	5	2008
Martyn Blackwell	Riverside Runners	2005	6	2010
Tina Blackwell	Riverside Runners	2006	4	2010
Andy Boast	Riverside Runners	2004	3	2010
James Bolm	Riverside Runners	1997	6	2016
Lucy Boothby	Riverside Runners	2009	5	2016
Simon Boothby	Riverside Runners	2009	7	2016
Sarah Bowles	Riverside Runners	2003	4	2007
Richard Bream	Riverside Runners	2000	1	2000
Abi Bruce	Riverside Runners	2015	1	2015
Jerry Bryan	Riverside Runners	2001	3	2005
Michael Burton	Riverside Runners	1994	2	1995
Michelle Byatt	Riverside Runners	2010	1	2010
Ian Cameron	Riverside Runners	2009	4	2012
Lesley Carroll	Riverside Runners	2010	5	2016
Nicki Cartwright	Riverside Runners	2010	2	2013
Eve Casbard	Riverside Runners	2016	1	2016
Ruth Chamberlain	Riverside Runners	2008	5	2015
Sarah Chamberlain	Riverside Runners	2014	1	2014

Name	Club	First Year	Appearances	Last year
Kyle Chesterman	Riverside Runners	2014	3	2016
Karen Childerley	Riverside Runners	2006	5	2016
Steve Childerley	Riverside Runners	2008	2	2009
Alison Cooper	Riverside Runners	2007	7	2014
Ian Cousins	Riverside Runners	2010	1	2010
Simon Crampin	Riverside Runners	2002	3	2004
Kate Cross	Riverside Runners	2006	1	2006
Eric Davis	Riverside Runners	1999	2	2000
Mark Denham-Smith	Riverside Runners	1998	1	1998
Johanna Dowle	Riverside Runners	2004	2	2005
Mat Dowle	Riverside Runners	2004	2	2005
Michelle Dunning	Riverside Runners	2004	1	2004
Patrick Ellerbeck	Riverside Runners	2015	1	2015
Jack Ellis	Riverside Runners	2002	1	2002
Steve Ellis	Riverside Runners	1993	9	2002
Mike Entwistle	Riverside Runners	1999	2	2000
Andy Eray	Riverside Runners	1999	1	1999
Emma Evans	Riverside Runners	2013	4	2016
Sharon Evans	Riverside Runners	2013	1	2013
Natalie Fairbairn	Riverside Runners	2016	1	2016
Sarah Farrugia	Riverside Runners	2008	1	2008
Tony Farrugia	Riverside Runners	2006	1	2006
Hazel Ferreria	Riverside Runners	2010	1	2010
N Folbigg	Riverside Runners	1997	1	1997
Chris Forster	Riverside Runners	2016	1	2016
Mark Forster	Riverside Runners	2009	3	2011
Michaela Forster	Riverside Runners	2009	2	2010
William Forster	Riverside Runners	2015	2	2016
Lynsey Fowler	Riverside Runners	2002	2	2003
Sarah Friel	Riverside Runners	2015	1	2015
Ann Furbank	Riverside Runners	2001	10	2013

Name	Club	First Year	Appearances	Last year
Richard Furbank	Riverside Runners	2008	1	2008
Ross Gibbons	Riverside Runners	2000	1	2000
Naomi Goldsmith	Riverside Runners	2010	1	2010
Amie Gough	Riverside Runners	2013	1	2013
Andy Gould	Riverside Runners	1999	2	2000
Mark Goward	Riverside Runners	2006	1	2006
Donna Habicht	Riverside Runners	2012	2	2013
Graham Hainsby	Riverside Runners	2004	1	2004
Jackie Hainsby	Riverside Runners	1993	9	2005
Martin Hainsby	Riverside Runners	1995	1	1995
Phillip Hainsby	Riverside Runners	2000	4	2006
T Hainsby	Riverside Runners	1993	2	1999
Kathryn Hall	Riverside Runners	2003	1	2003
Alex Hamill	Riverside Runners	2002	1	2002
Catherine Hemingway	Riverside Runners	2014	2	2015
Maurice Hemingway	Riverside Runners	2007	7	2015
Pam Hemingway	Riverside Runners	2009	1	2009
Tom Hemingway	Riverside Runners	2012	2	2014
Kevin Hewitt	Riverside Runners	2006	5	2013
Sally Hewitt	Riverside Runners	2006	2	2007
Kevin Hickling	Riverside Runners	2009	6	2016
Stuart Hill	Riverside Runners	2007	1	2007
Elizabeth Hiner	Riverside Runners	2010	2	2013
Karl Hiner	Riverside Runners	2007	6	2016
Sandra Holmes	Riverside Runners	2003	2	2004
S Housden	Riverside Runners	1999	1	1999
Alan Huckle	Riverside Runners	2001	4	2008
Steve Hughes	Riverside Runners	2015	1	2015
Alan Hungerford	Riverside Runners	1996	2	1998
Derek Hurden	Riverside Runners	2006	2	2007
Andrew Hynes	Riverside Runners	2002	2	2003

Name	Club	First Year	Appearances	Last year
Philip Ingle	Riverside Runners	2006	1	2006
David Irwin	Riverside Runners	2000	1	2000
Ken Ivory	Riverside Runners	2003	1	2003
Adrian Jarvis	Riverside Runners	1993	9	2012
Nicola Jones	Riverside Runners	2011	4	2016
Ken Keckie	Riverside Runners	1995	1	1995
Mike Kendall	Riverside Runners	2016	1	2016
C Leckie	Riverside Runners	1993	1	1993
Ken Leckie	Riverside Runners	1994	1	1994
Norma Leckie	Riverside Runners	1993	13	2013
Anna Levitt	Riverside Runners	2005	1	2005
Helen Liddle	Riverside Runners	2003	6	2008
Lindsey Lister	Riverside Runners	2005	4	2008
Jonathon Lucas-Frost	Riverside Runners	2015	1	2015
Jo Lusha	Riverside Runners	2013	1	2013
Kathryn Mackay	Riverside Runners	2007	1	2007
Will Mackay	Riverside Runners	2005	2	2007
Rosemary Manning	Riverside Runners	2002	2	2003
Kim Masson	Riverside Runners	2000	3	2004
Nick Mcglashan	Riverside Runners	2006	3	2008
Ollie Mcglashan	Riverside Runners	2009	1	2009
Tim Mcglashan	Riverside Runners	2006	1	2006
John McKay	Riverside Runners	2007	1	2007
Will Mckay	Riverside Runners	2008	1	2008
Richard McManus	Riverside Runners	2001	2	2002
Paul Meadows	Riverside Runners	2009	1	2009
Scott Miller	Riverside Runners	2000	1	2000
Simon Miller	Riverside Runners	2009	1	2009
Ian Moran	Riverside Runners	2016	1	2016
Matt Mowbray	Riverside Runners	2015	1	2015
Ian Mulcahy	Riverside Runners	2014	3	2016

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Jackie Mulcahy	Riverside Runners	2014	1	2014
Paul Newell	Riverside Runners	2013	3	2016
I Newland	Riverside Runners	1993	2	1999
Niamh Nicholmain	Riverside Runners	2004	2	2005
Matt Nicholson	Riverside Runners	2009	2	2010
Paul Oliver	Riverside Runners	1998	4	2007
D Parrack	Riverside Runners	1994	1	1994
Tammy Parrack	Riverside Runners	1994	3	1997
Tracey Patmore	Riverside Runners	2005	5	2009
Pip Peakman	Riverside Runners	2002	3	2004
Andy Phillips	Riverside Runners	1993	11	2007
Tim Philpott	Riverside Runners	2002	1	2002
Severine Piot	Riverside Runners	2003	3	2005
Steve Pledger	Riverside Runners	1999	8	2009
Darren Preist	Riverside Runners	2006	1	2006
Michelle Prichard	Riverside Runners	1995	1	1995
Darren Priest	Riverside Runners	2003	1	2003
Keith Pritchard	Riverside Runners	1993	21	2016
Maisie Pritchard	Riverside Runners	2015	2	2016
Malcolm Pritchard	Riverside Runners	2007	9	2016
Jonnie Prouse	Riverside Runners	2010	1	2010
Diane Prout	Riverside Runners	2008	2	2009
Nigel Prout	Riverside Runners	2008	1	2008
D Pullen	Riverside Runners	1993	2	1999
Ricky Pullen	Riverside Runners	1997	4	2000
Roger Quince	Riverside Runners	2001	1	2001
Lee Radley	Riverside Runners	2013	3	2016
Jean Raglione-Hall	Riverside Runners	2001	4	2005
Amanda Rawson	Riverside Runners	2004	2	2005
David Rawson	Riverside Runners	2005	1	2005
Barbara Reading	Riverside Runners	2003	2	2004

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Phil Redden	Riverside Runners	1995	19	2016
S Rendall-Read	Riverside Runners	1999	2	2000
Gavin Reynolds	Riverside Runners	2009	1	2009
Carl Rice	Riverside Runners	2002	1	2002
Val Rice	Riverside Runners	2002	1	2002
Michaela Ridley	Riverside Runners	2009	4	2016
Paul Ridley	Riverside Runners	2007	10	2016
Chris Ritchie	Riverside Runners	2004	1	2004
Emma Ritchie	Riverside Runners	2007	2	2008
Keith Ritchie	Riverside Runners	1993	15	2011
Jack Rivers	Riverside Runners	2000	1	2000
T Rodgers	Riverside Runners	1993	1	1993
Paul Ruddlesdin	Riverside Runners	2016	1	2016
Mark Runham	Riverside Runners	2006	1	2006
Sheena Runham	Riverside Runners	2006	3	2016
Kevin Sadler	Riverside Runners	1999	6	2005
Kurt Sanders	Riverside Runners	2010	3	2013
Elizabeth Sandever	Riverside Runners	2008	1	2008
Steve Scheuber	Riverside Runners	1995	1	1995
Nick Scotcher	Riverside Runners	2010	2	2011
Piers Serjeant	Riverside Runners	2015	1	2015
Francis Shiner	Riverside Runners	1994	6	2001
Maggie Shiner	Riverside Runners	1996	4	2000
Adrian Smith	Riverside Runners	2015	1	2015
Dave Stead	Riverside Runners	2006	1	2006
Julie Stead	Riverside Runners	2006	1	2006
Neil Stevenson	Riverside Runners	2009	1	2009
Julie Stock	Riverside Runners	1999	3	2003
Russel Stock	Riverside Runners	2000	1	2000
Ann Storey	Riverside Runners	1993	11	2007

Name	Club	First Year	Appearances	Last year
John Storey	Riverside Runners	1994	5	2002
Rachel Sutcliffe	Riverside Runners	2003	5	2010
Lucy Taylor	Riverside Runners	2010	2	2013
Richard Taylor	Riverside Runners	2005	1	2005
Michael Taylor	Riverside Runners	2015	2	2016
Annabel Thompson	Riverside Runners	2013	1	2013
Bob Thompson	Riverside Runners	2006	1	2006
Tony Thompson	Riverside Runners	1999	4	2002
Bob Thomson	Riverside Runners	2002	1	2002
Bob Thomson	Riverside Runners	2007	1	2007
Sophie Thrussell	Riverside Runners	2016	1	2016
Christian Tregidgu	Riverside Runners	1995	1	1995
Alan Turnbull	Riverside Runners	1994	6	2000
Netta Tyler	Riverside Runners	2010	2	2013
Runner Unknown	Riverside Runners	1999	4	1999
Suzanne Van Heyningen	Riverside Runners	2005	1	2005
A Vaughan	Riverside Runners	1999	1	1999
Paul Veitch	Riverside Runners	2006	9	2016
D Wale	Riverside Runners	1993	1	1993
Gary Wale	Riverside Runners	1994	6	2006
Emma Wallis	Riverside Runners	2013	1	2013
Chris Ward	Riverside Runners	2013	1	2013
Jane Watts	Riverside Runners	2005	1	2005
Lee Welham	Riverside Runners	1998	6	2005
Darren White	Riverside Runners	2000	4	2008
Ray Willett	Riverside Runners	1996	2	1997
Alan Williams	Riverside Runners	2002	3	2004
Graham Williams	Riverside Runners	2003	2	2004
Joss Williams	Riverside Runners	2015	1	2015
Sam Williams	Riverside Runners	2016	1	2016

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Stephanie Williams	Riverside Runners	2014	1	2014
Chris Windebank	Riverside Runners	1993	2	1996
Samantha Windebank	Riverside Runners	2010	6	2016
Dave Woodward	Riverside Runners	1993	10	2002
Andy Wray	Riverside Runners	1993	7	2003