

RNR All Time Appearances as at 2016

Name	Club	First Year	Appearances	Last year
Martin Ablett	Stowmarket Striders	2005	1	2005
Roger Aldis	Stowmarket Striders	2005	4	2008
Jason Allard	Stowmarket Striders	2015	1	2015
Ron Ames	Stowmarket Striders	2008	4	2016
Julia Baldwin	Stowmarket Striders	2014	3	2016
Nicholas Barton	Stowmarket Striders	2013	1	2013
Les Basham	Stowmarket Striders	2006	2	2007
Don Beatty	Stowmarket Striders	2015	1	2015
Kate Beer	Stowmarket Striders	2013	1	2013
Liz Beighton	Stowmarket Striders	2014	1	2014
Jason Bloomfield	Stowmarket Striders	2010	1	2010
Keith Borrett	Stowmarket Striders	2008	2	2014
Angela Brinkley	Stowmarket Striders	2014	2	2015
Simon Brummitt	Stowmarket Striders	2006	2	2007
Angela Burdett	Stowmarket Striders	2011	2	2012
Samuel Burdett	Stowmarket Striders	2014	2	2016
Tony Burdett	Stowmarket Striders	2006	6	2014
William Burdett	Stowmarket Striders	2016	1	2016
Ella Canham	Stowmarket Striders	2005	2	2007
Paul Canham	Stowmarket Striders	2006	2	2007
Andy Collett	Stowmarket Striders	2016	1	2016
Jennifer Cowan	Stowmarket Striders	2006	1	2006
Sharon Crowe	Stowmarket Striders	2006	1	2006
David Daniels	Stowmarket Striders	2006	2	2007
Jennifer Devaney	Stowmarket Striders	2013	2	2014
Matt Eveleigh	Stowmarket Striders	2011	4	2015
Anne Fellingham	Stowmarket Striders	2006	2	2008
Richard Fellingham	Stowmarket Striders	2006	2	2008
Anne Fish	Stowmarket Striders	2007	2	2008

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Carol Fowles	Stowmarket Striders	2008	6	2015
Jo Fraser	Stowmarket Striders	2006	2	2007
Miles Garrod	Stowmarket Striders	2008	1	2008
Sue Garrod	Stowmarket Striders	2005	3	2015
Charmaine Geraghty	Stowmarket Striders	2006	3	2008
Debbie Ghant	Stowmarket Striders	2006	3	2008
Chris Gladwell	Stowmarket Striders	2005	3	2007
Louise Goddard	Stowmarket Striders	2015	1	2015
Malene Godson	Stowmarket Striders	2013	3	2015
Bob Grainger	Stowmarket Striders	2005	8	2016
Steve Gray	Stowmarket Striders	2006	4	2010
Andy Green	Stowmarket Striders	2006	3	2008
Gary Halestrap	Stowmarket Striders	2007	1	2007
Naomi Hall	Stowmarket Striders	2008	1	2008
Nick Hammond	Stowmarket Striders	2008	3	2013
Paul Heeks	Stowmarket Striders	2012	1	2012
Wendy Hughes	Stowmarket Striders	2016	1	2016
Terry Hunter	Stowmarket Striders	2015	1	2015
Becky Jack	Stowmarket Striders	2005	1	2005
Mick Jones	Stowmarket Striders	2013	3	2016
Rob Kett	Stowmarket Striders	2013	2	2014
Les King	Stowmarket Striders	2006	1	2006
Tim Larke	Stowmarket Striders	2015	2	2016
Tracy Lee	Stowmarket Striders	2005	1	2005
Richard Leeder	Stowmarket Striders	2016	1	2016
Jonny Levett	Stowmarket Striders	2007	2	2008
Kim Levett	Stowmarket Striders	2007	2	2008
Ker Macrossan	Stowmarket Striders	2008	1	2008
Dale Mandell	Stowmarket Striders	2014	1	2014
Neil Martin	Stowmarket Striders	2011	1	2011
Sandra Mayhew	Stowmarket Striders	2006	6	2014

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Stephen Mead	Stowmarket Striders	2016	1	2016
Kate Miles	Stowmarket Striders	2016	1	2016
Lorraine Mills	Stowmarket Striders	2007	3	2013
Suzanna Munday	Stowmarket Striders	2008	1	2008
Mary Narey	Stowmarket Striders	2006	7	2014
Katy Nash	Stowmarket Striders	2006	6	2012
Richard Nash	Stowmarket Striders	2005	7	2012
Steven Neaves	Stowmarket Striders	2008	2	2010
Melody Neville	Stowmarket Striders	2015	1	2015
Nick Palmer	Stowmarket Striders	2006	4	2010
Abi Paton	Stowmarket Striders	2006	3	2008
Malcolm Penn	Stowmarket Striders	2007	1	2007
Colin Pitts	Stowmarket Striders	2006	1	2006
Carole Prance	Stowmarket Striders	2006	2	2007
Susanna Pritchard	Stowmarket Striders	2011	1	2011
Glenn Proctor	Stowmarket Striders	2016	1	2016
Bob Ratliffe	Stowmarket Striders	2006	2	2007
Jenny Relf	Stowmarket Striders	2005	1	2005
Maria Reynolds	Stowmarket Striders	2006	1	2006
Chris Seymour	Stowmarket Striders	2011	3	2014
Anna Sherman	Stowmarket Striders	2008	1	2008
Scott Sherman	Stowmarket Striders	2010	1	2010
Jane Skoulding	Stowmarket Striders	2014	1	2014
Harry Smith	Stowmarket Striders	2008	4	2012
Anna Smith	Stowmarket Striders	2012	1	2012
Chris Starmer	Stowmarket Striders	2005	8	2015
Jan Starmer	Stowmarket Striders	2005	5	2010
Nick Stephens	Stowmarket Striders	2005	6	2016
Jo Stephenson	Stowmarket Striders	2007	9	2016
Hayley Suttle	Stowmarket Striders	2006	3	2008
Glenda Taylor	Stowmarket Striders	2011	1	2011

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Rachael Toogood	Stowmarket Striders	2005	3	2007
Penny Waggott	Stowmarket Striders	2005	3	2007
John Wankowski	Stowmarket Striders	2005	1	2005
Charlotte Wasp	Stowmarket Striders	2016	1	2016
Alan Wells	Stowmarket Striders	2005	2	2006
Angela Whiting	Stowmarket Striders	2015	1	2015
Denise Wright	Stowmarket Striders	2010	4	2013
Elaine Wright	Stowmarket Striders	2006	1	2006
Emma Yarrow	Stowmarket Striders	2012	3	2016