

RNR All Time Appearances as at 2016

Name	Club	First Year	Appearances	Last year
Malcolm Bailey	Tiptree Road Runners	2009	2	2010
Peter Bouldstridge	Tiptree Road Runners	2011	2	2012
Carolyn Bownes	Tiptree Road Runners	2009	4	2012
Mark Brewer	Tiptree Road Runners	2010	2	2011
Phillip Clarke	Tiptree Road Runners	2012	1	2012
Tina Clarke	Tiptree Road Runners	2009	3	2011
Matt Davey	Tiptree Road Runners	2011	2	2012
Craig Dawson	Tiptree Road Runners	2011	2	2012
Paul Dellar	Tiptree Road Runners	2012	1	2012
Barry Dobson	Tiptree Road Runners	2009	1	2009
Gerry Dolden	Tiptree Road Runners	2009	4	2012
Roger Duffield	Tiptree Road Runners	2009	1	2009
Jamie Fairfull	Tiptree Road Runners	2009	3	2011
Carol Foy	Tiptree Road Runners	2009	1	2009
Andy Goodson	Tiptree Road Runners	2012	1	2012
Francesca Green	Tiptree Road Runners	2009	1	2009
Tracy Harrington	Tiptree Road Runners	2011	1	2011
Tara Harrison	Tiptree Road Runners	2012	1	2012
Damien Hartshorne	Tiptree Road Runners	2010	1	2010
James Haskey-Jones	Tiptree Road Runners	2009	3	2012
Sean Ketteridge	Tiptree Road Runners	2012	1	2012
Anthony Knight	Tiptree Road Runners	2011	2	2012
Vicky Knight	Tiptree Road Runners	2011	2	2012
Mark Lawes	Tiptree Road Runners	2012	1	2012
Ian Linton	Tiptree Road Runners	2009	2	2010
Mark Mckenzie-Bell	Tiptree Road Runners	2010	2	2011
Paul Mingay	Tiptree Road Runners	2010	2	2011
Graeme Moon	Tiptree Road Runners	2011	2	2012
Simon Morgan	Tiptree Road Runners	2009	4	2012

Name	Club	First Year	Appearances	Last year
Dave Payne	Tiptree Road Runners	2009	2	2010
Nick Reynolds	Tiptree Road Runners	2009	1	2009
Laura Shewbridge	Tiptree Road Runners	2009	2	2010
Paul Shewbridge	Tiptree Road Runners	2010	2	2011
Dawn Shilling	Tiptree Road Runners	2009	4	2012
Jim Slater	Tiptree Road Runners	2009	2	2010