

## Stage 17: Stowbridge to Kings Lynn - 11.73 miles

Pos	Runner	Age	Sex	Cat	Team	Stage	Time	Team Time	Pace	AG%	AG% rank	Stage pos	Cat pos	Cat AG Pos	stage/sex
1	Callum Stanforth	25	M	MS	Ryston Runners A	17	1:05:27	21:13:23	0:05:35	80.4%	25	1	1	2	1
2	William Longworth	23	M	MS	Dereham Runners - Team A	17	1:11:59	23:32:21	0:06:08	73.1%	135	2	2	11	2
3	Jevan Robertson	17	M	MJ	March A C	17	1:12:46	23:26:09	0:06:12	75.8%	67	3	1	9	3
4	John Manlow	47	M	MM	Ely A	17	1:12:55	20:46:11	0:06:13	79.7%	28	4	1	3	4
5	Graham Jones	29	M	MS	Marshall Milton Keynes AC	17	1:13:09	27:41:41	0:06:14	71.9%	171	5	3	15	5
6	Phillipa Taylor	48	L	LM	City of Norwich AC - A	17	1:14:00	22:26:31	0:06:19	87.7%	4	6	1	1	1
7	Alistair Robinson	29	M	MS	Norfolk Gazelles	17	1:14:56	23:04:37	0:06:23	70.2%	218	7	4	21	6
8	Inigo Surguy	39	M	MS	Headington Road Runners	17	1:15:37	26:00:11	0:06:27	72.1%	165	8	5	13	7
9	Martin Lawrence	51	M	MM	Haverhill Running Club	17	1:15:41	27:30:34	0:06:27	79.4%	31	9	2	4	8
10	Graham Jenvey	35	M	MS	Bungay Black Dog Running Club	17	1:16:36	27:12:48	0:06:32	69.4%	239	10	6	23	9
11	Alastair Fadden	50	M	MM	Bedford Harriers	17	1:17:40	28:15:53	0:06:37	76.8%	54	11	3	8	10
12	Andrew Day	43	M	MM	Paddock Wood AC	17	1:19:11	23:01:42	0:06:45	71.1%	192	12	4	18	11
13	Simon Boothby	50	M	MM	Riverside Runners B	17	1:20:00	27:20:15	0:06:49	74.5%	95	13	5	10	12
14	Richard Price-Thomas	56	M	MM	North Norfolk Beach Runners - Open	17	1:20:04	21:27:42	0:06:50	78.4%	38	14	6	6	13
15	Keith Pritchard	47	M	MM	Riverside Runners A	17	1:20:19	23:03:17	0:06:51	72.4%	156	15	7	12	14
16	Pete Beatty	60	M	MM	Bishops Stortford Running Club	17	1:22:12	26:14:51	0:07:00	79.2%	33	16	8	5	15
17	Dave Aust	50	M	MM	Stamford Striders	17	1:22:44	26:13:43	0:07:03	72.1%	167	17	9	14	16
18	Graham Coulter	39	M	MS	Framlingham Flyers	17	1:23:16	26:06:54	0:07:06	65.5%	409	18	7	31	17
19	James Mcfarlane	42	M	MM	Norwich Road Runners C	17	1:23:22	26:53:34	0:07:06	67.0%	349	19	10	29	18
20	Sam Lewsey	33	L	LS	Cambridge & Coleridge A	17	1:23:39	21:31:46	0:07:08	70.4%	209	20	1	19	2
21	Michael Armes	50	M	MM	Norwich Road Runners D	17	1:23:58	23:06:50	0:07:09	71.6%	180	21	11	16	19
22	Simon Bekker	40	M	MM	Great Yarmouth Road Runners	17	1:24:38	25:34:36	0:07:13	65.0%	426	22	12	32	20
23	Martin Dawson	34	M	MS	Team Thorney	17	1:25:01	26:52:32	0:07:15	62.3%	537	23	8	39	21
24	Stephen Ashurst	52	M	MM	Ramsey Road Runners	17	1:27:47	25:55:38	0:07:29	69.1%	256	24	13	24	22
25	Mark Edwards	49	M	MM	Norwich Road Runners B	17	1:27:58	23:28:57	0:07:30	67.2%	341	25	14	28	23
26	Alexandria Innes	32	L	LS	City of Norwich AC - B	17	1:28:05	24:56:24	0:07:31	66.7%	358	26	2	30	3
27	Federico Hinrichs	34	M	MS	Serpentine Running Club	17	1:28:14	25:59:46	0:07:31	60.0%	623	27	9	43	24
28	Emma Mckay	41	L	LM	Pink & Blacks	17	1:29:04	26:04:38	0:07:36	68.5%	287	28	2	27	4
29	Martin Smith	46	M	MM	North Norfolk Beach Runners - Vets	17	1:29:19	25:42:01	0:07:37	64.6%	440	29	15	33	25
30	Chris Hurcomb	44	M	MM	Cambridge & Coleridge B	17	1:29:34	25:32:18	0:07:38	63.4%	492	30	16	36	26
31	Sarah Gauvin	44	L	LM	Fenland Running Club - 48	17	1:30:31	22:51:43	0:07:43	68.9%	263	31	3	25	5
32	Adam Smith	47	M	MM	Old Greshamians	17	1:30:41	26:37:58	0:07:44	64.1%	460	32	17	34	27
33	Heath Bew	43	M	MM	Wymondham AC	17	1:31:49	26:44:24	0:07:50	61.3%	580	33	18	40	28
34	Stef Rider	43	M	MM	Tri-Anglia	17	1:32:10	25:47:23	0:07:51	61.1%	585	34	19	41	29
35	Sarah Taylor	50	L	LM	Ryston Runners B	17	1:33:00	26:27:03	0:07:56	71.4%	184	35	4	17	6
36	Ian Milburn	71	M	MM	Fenland Running Club - 2	17	1:33:06	26:16:49	0:07:56	77.9%	45	36	20	7	30
37	Trudy Sayell	36	L	LM	West Norfolk AC	17	1:34:11	25:17:53	0:08:02	63.1%	505	37	5	37	7
38	Jose Perez	42	M	MM	Ely B	17	1:34:58	27:15:22	0:08:06	58.8%	674	38	21	45	31
39	Stuart Slattery	33	M	MS	Dereham Runners Team - B	17	1:35:28	28:40:30	0:08:08	55.3%	786	39	10	49	32
40	Sonya Wragg	44	L	LM	Coltishall Jaguars (50 Shades of Orange)	17	1:37:32	28:41:43	0:08:19	64.0%	468	40	6	35	8
41	William Roxby-Clarke	28	M	MS	Harwich Runners	17	1:38:27	27:09:55	0:08:24	53.4%	831	41	11	51	33
42	Stacey Harper	37	L	LM	Norwich Road Runners A	17	1:38:45	26:41:37	0:08:25	60.4%	609	42	7	42	9
43	Hayley Brewis	52	L	LM	Fetcheveryone	17	1:39:29	28:15:28	0:08:29	68.5%	286	43	8	26	10

44	Martin Hammond	50	M	MM	Ryston Runners C	17	1:39:29	25:34:49	0:08:29	59.9%	625	44	22	44	34
45	Sue Ilsley	54	L	LM	North Norfolk Beach Runners - Ladies	17	1:40:36	28:53:19	0:08:35	69.5%	236	45	9	22	11
46	Dan Gould	41	M	MM	Felixstowe Road Runners	17	1:41:51	28:39:53	0:08:41	54.4%	808	46	23	50	35
47	Julia Baldwin	45	L	LM	Stowmarket Striders	17	1:48:49	27:19:59	0:09:17	57.8%	706	47	10	47	12
48	Dawn Marshall	53	L	LM	Saint Edmund Pacers	17	1:49:31	25:12:16	0:09:20	63.0%	511	48	11	38	13
49	Adam Tingey	31	M	MS	RAF Marham	17	1:49:57	27:24:33	0:09:22	47.8%	900	49	12	54	36
50	Julie Wade	45	L	LM	Reepham Runners Club	17	1:50:22	26:26:07	0:09:25	57.0%	742	50	12	48	14
51	Gillian Paremain	64	L	LM	Thetford Athletic Club	17	1:54:26	27:39:10	0:09:45	70.2%	217	51	13	20	15
52	Juliet Grimwood	51	L	LM	Biggleswade AC	17	1:56:16	27:41:16	0:09:55	57.9%	705	52	14	46	16
53	Wayne Aylott	53	M	MM	Garden City Runners	17	1:56:50	25:58:52	0:09:58	52.4%	846	53	24	52	37
54	Natalie Southgate	45	L	LM	Reepham Runners Team	17	2:02:46	26:47:49	0:10:28	51.3%	864	54	15	53	17