

Stage 14: Feltwell to Wissington - 7.27 miles

Pos	Runner	Age	Sex	Cat	Team	Stage	Time	Team Time	Pace	AG%	AG% rank	Stage pos	Cat pos	Cat AG Pos	stage/sex
1	Adam Matthews	21	m	MS	Ryston Runners A	14	0:43:51	18:25:35	0:06:02	72.4%	153	1	1	8	1
2	Claire Somerton	29	f	LS	Cambridge & Coleridge AC - A	14	0:45:10	18:19:36	0:06:13	79.1%	32	2	1	2	1
3	John Moore	56	m	MM	Norfolk Gazelles Red	14	0:46:14	20:28:02	0:06:22	82.0%	15	3	1	1	2
4	Jack Adcock	18	m	MJ	City of Norwich AC A	14	0:46:57	18:33:49	0:06:27	69.7%	257	4	1	15	3
5	Justin Elvidge	45	m	MM	March AC	14	0:47:00	20:14:15	0:06:28	73.7%	114	5	2	4	4
6	Billy Fadden	16	m	MJ	Bedford Harriers B	14	0:47:35	18:51:39	0:06:33	70.6%	220	6	2	12	5
7	Charlie Stone	16	m	MJ	Thetford AC	14	0:48:19	24:08:26	0:06:39	69.5%	262	7	3	16	6
8	Robert Hurst	37	m	MS	Old Greshamians	14	0:48:31	23:17:21	0:06:40	67.2%	350	8	2	21	7
9	Claire Day	36	f	LM	Paddock Wood AC	14	0:48:38	20:25:00	0:06:41	74.5%	98	9	1	3	2
10	Bryan Rootes	48	m	MM	Haverhill Running Club	14	0:49:18	21:42:29	0:06:47	72.0%	169	10	3	9	8
11	Jonny Cousins	46	m	MM	North Norfolk Beach Runners A-Team	14	0:49:21	19:38:43	0:06:47	70.8%	213	11	4	11	9
12	Simon Boothby	51	m	MM	Riverside Runners A	14	0:49:22	20:35:35	0:06:47	73.7%	116	12	5	5	10
13	Brook Doughty	26	m	MS	RAF Marham	14	0:49:31	23:10:37	0:06:49	63.9%	492	13	3	31	11
14	Glyn Loveday	46	m	MM	Ely Runners A	14	0:49:49	18:55:50	0:06:51	70.1%	241	14	6	14	12
15	Nick Gurney	25	m	MS	Norwich Road Runners D	14	0:50:20	24:04:40	0:06:55	62.8%	542	15	4	33	13
16	Paul Davies	48	m	MM	Norwich Road Runners B	14	0:50:26	20:25:35	0:06:56	70.4%	234	16	7	13	14
17	Carl Manning	56	m	MM	West Norfolk AC	14	0:51:31	23:24:10	0:07:05	73.6%	118	17	8	6	15
18	Jason Rix	47	m	MM	Norfolk Gazelles Black	14	0:51:32	25:35:54	0:07:05	68.3%	301	18	9	18	16
19	Aaron Rudkin	36	m	MS	Harwich Runners	14	0:51:40	26:37:54	0:07:06	62.7%	551	19	5	35	17
20	Ben Chamberlin	35	m	MS	Cambridge & Coleridge Team B	14	0:52:07	22:39:26	0:07:10	61.8%	579	20	6	39	18
21	Graham Johnson	50	m	MM	Coltishall Jaguars	14	0:52:36	21:52:18	0:07:14	68.6%	294	21	10	17	19
22	Laura Dixon	32	f	LS	City Of Norwich AC Ladies	14	0:52:55	23:09:14	0:07:17	67.7%	323	22	2	19	3
23	Tate Devlin	17	m	MJ	Dereham Runners - A Team	14	0:53:00	21:13:52	0:07:17	62.5%	554	23	4	36	20
24	Nicky Sparkes	17	m	MJ	Bungay Black Dog Running Club	14	0:53:08	24:07:05	0:07:19	62.3%	562	24	5	37	21
25	Studney Kirby	51	m	MM	Wellingborough & District AC.	14	0:53:44	24:42:10	0:07:23	67.7%	326	25	11	20	22
26	Daniel Amps-Woodward	17	m	MJ	Thorney Running Club	14	0:53:52	24:50:48	0:07:25	61.5%	602	26	6	41	23
27	Amy Southward	26	f	LS	Ely Runners B	14	0:54:39	24:21:30	0:07:31	65.4%	438	27	3	26	4
28	Amy Balaam	34	f	LS	Bure Valley Harriers	14	0:54:45	20:16:20	0:07:32	65.7%	419	28	4	25	5
29	Kelly De'Gol	37	f	LM	Ryston Ladies	14	0:55:09	22:33:50	0:07:35	65.9%	407	29	2	24	6
30	Anthony Beales	50	m	MM	Wymondham AC	14	0:55:48	22:13:36	0:07:41	64.6%	472	30	12	29	24
31	Natalie Kim Cant	35	f	LM	Norwich Road Runners	14	0:56:27	21:24:49	0:07:46	63.9%	487	31	3	30	7
32	Anna Seaman	37	f	LM	Ryston Runners C	14	0:57:25	23:20:40	0:07:54	63.3%	517	32	4	32	8
33	Rhiannon Needham	36	f	LM	Serpentine RC	14	0:57:44	22:35:13	0:07:56	62.7%	549	33	5	34	9
34	David Inder	51	m	MM	Felixstowe Road Runners	14	0:58:57	24:09:56	0:08:07	61.7%	584	34	13	40	25
35	Vicky Jones	37	f	LM	Norwich Road Runners Ladies Team	14	0:59:28	24:07:44	0:08:11	61.1%	613	35	6	42	10
36	Nicos Symeou	61	m	MM	Great Yarmouth Road Runners	14	0:59:43	22:55:25	0:08:13	66.4%	386	36	14	22	26
37	Stuart Slattery	34	m	MS	Dereham Runners - Team B	14	1:00:05	25:05:05	0:08:16	53.3%	878	37	7	56	27
38	William Burdett	54	m	MM	Stowmarket Striders	14	1:00:11	23:22:30	0:08:17	62.0%	575	38	15	38	28
39	Keith White	69	m	MM	Fenland Running Club - B	14	1:00:16	24:14:58	0:08:17	70.9%	206	39	16	10	29
40	Lucy Cooper	49	f	LM	Tri-Anglia	14	1:00:22	23:53:01	0:08:18	66.3%	388	41	8	23	12
41	Virginia Bird	56	f	LM	Garden City Runners	14	1:00:22	22:05:57	0:08:18	72.4%	152	41	8	7	12
42	Melissa Mason	30	f	LS	Stamford Striders	14	1:00:29	22:35:14	0:08:19	59.1%	707	42	5	47	13
43	Becky Murley	41	f	LM	Fenland Running Club	14	1:00:53	20:55:46	0:08:22	61.0%	619	43	9	43	14
44	Richard Eaton	49	m	MM	Birketts' Runners AC	14	1:01:03	26:04:06	0:08:24	58.6%	720	44	17	48	30
45	Zoe Luscombe	42	f	LM	Biggleswade AC	14	1:01:46	25:06:01	0:08:30	60.6%	639	45	10	45	15
46	Abigail Grand	38	f	LM	Reepham Runners	14	1:01:47	24:12:17	0:08:30	59.1%	705	46	11	46	16
47	Alan Findlay	50	m	MM	Bishops Stortford Running Club	14	1:01:59	22:58:44	0:08:32	58.2%	737	47	18	50	31
48	Neil Blackburn	47	m	MM	Ramsey Road Runners	14	1:02:01	23:48:37	0:08:32	56.8%	786	48	19	52	32
49	Matt Mountain	38	m	MS	Pink & Blacks	14	1:02:09	24:11:34	0:08:33	52.9%	891	49	8	57	33
50	Lucy Boothby	50	f	LM	Riverside Runners	14	1:02:22	25:08:34	0:08:35	64.9%	456	50	12	27	17
51	Guy Pitcher	51	m	MM	Reepham Runners Masters	14	1:02:44	23:52:36	0:08:38	58.0%	748	51	20	51	34
52	Liz Harris	40	f	LM	North Norfolk Beach Runners B	14	1:03:14	23:53:26	0:08:42	58.4%	729	52	13	49	18
53	Matthew Brown	43	m	MM	London Fronrunners	14	1:03:32	21:27:42	0:08:44	53.7%	872	53	21	55	35
54	David Prior	69	m	MM	Bedford Harriers	14	1:05:48	26:06:30	0:09:03	64.9%	457	54	22	28	36
55	Peter Sibbett	53	m	MM	North Herts Road Runners	14	1:06:01	22:34:11	0:09:05	56.0%	806	55	23	53	37
56	Sandra Harding-Brown	51	f	LM	Headington RoadRunners	14	1:07:19	23:56:02	0:09:16	60.9%	628	56	14	44	19
57	Louise Webb	16	f	LJ	Saint Edmund Pacers	14	1:07:46	21:51:22	0:09:19	54.6%	843	57	1	54	20
58	Jayne Wright	36	f	LM	Framlingham Flyers	14	1:22:18	23:14:10	0:11:19	44.0%	979	58	15	58	21