

Stage 15: Wissington to Downham Market - 10.59 miles

| Pos | Runner | Age | Sex | Cat | Team | Stage | Time | Team Time | Pace | AG% | AG% rank | Stage pos | Cat pos | Cat AG Pos | stage/sex |
|-----|-------------------|-----|-----|-----|------------------------------------|-------|---------|-----------|---------|-------|----------|-----------|---------|------------|-----------|
| 1 | Simon Barrett | 41 | m | MM | Serpentine RC | 15 | 1:01:20 | 23:36:33 | 0:05:47 | 81.0% | 21 | 1 | 1 | 1 | 1 |
| 2 | Chris Merrylees | 38 | m | MS | North Norfolk Beach Runners A-Team | 15 | 1:02:53 | 20:41:36 | 0:05:56 | 77.1% | 52 | 2 | 1 | 7 | 2 |
| 3 | Graeme Kennedy | 38 | m | MS | Cambridge & Coleridge AC - A | 15 | 1:06:22 | 19:25:58 | 0:06:16 | 73.1% | 134 | 3 | 2 | 15 | 3 |
| 4 | Frazer Heasman | 23 | m | MS | Bure Valley Harriers | 15 | 1:07:45 | 21:24:05 | 0:06:24 | 69.6% | 259 | 4 | 3 | 20 | 4 |
| 5 | Mabel Beckett | 21 | f | LS | City of Norwich AC A | 15 | 1:08:47 | 19:42:36 | 0:06:30 | 76.7% | 62 | 5 | 1 | 10 | 1 |
| 6 | Marie French | 36 | f | LM | Ryston Ladies | 15 | 1:08:59 | 23:42:49 | 0:06:31 | 77.5% | 45 | 6 | 1 | 6 | 2 |
| 7 | Neil Loader | 49 | m | MM | Bedford Harriers B | 15 | 1:09:11 | 20:00:50 | 0:06:32 | 76.6% | 65 | 7 | 2 | 11 | 5 |
| 8 | Mark Garrett | 53 | m | MM | Norwich Road Runners B | 15 | 1:09:29 | 21:35:04 | 0:06:34 | 78.9% | 37 | 8 | 3 | 3 | 6 |
| 9 | Peter Ward | 52 | m | MM | Thorney Running Club | 15 | 1:09:58 | 26:00:46 | 0:06:36 | 77.7% | 43 | 9 | 4 | 5 | 7 |
| 10 | Matt Holmes | 38 | m | MS | Ely Runners A | 15 | 1:10:11 | 20:06:01 | 0:06:38 | 69.1% | 276 | 10 | 4 | 21 | 8 |
| 11 | Bart Hommels | 43 | m | MM | Cambridge & Coleridge Team B | 15 | 1:10:26 | 23:49:52 | 0:06:39 | 71.6% | 180 | 11 | 5 | 16 | 9 |
| 12 | Gareth Fletcher | 38 | m | MS | London Fronrunners | 15 | 1:11:00 | 22:38:42 | 0:06:42 | 68.3% | 300 | 12 | 5 | 22 | 10 |
| 13 | Dave Asker | 32 | m | MS | Tri-Anglia | 15 | 1:11:55 | 25:04:56 | 0:06:47 | 65.6% | 430 | 13 | 6 | 27 | 11 |
| 14 | Samuel Burdett | 21 | m | MS | Stowmarket Striders | 15 | 1:12:08 | 24:34:38 | 0:06:49 | 65.6% | 431 | 14 | 7 | 28 | 12 |
| 15 | Michael Howlett | 31 | m | MS | Ryston Runners C | 15 | 1:12:38 | 24:33:18 | 0:06:52 | 64.9% | 459 | 15 | 8 | 31 | 13 |
| 16 | Jeremy Lawrence | 58 | m | MM | Coltishall Jaguars | 15 | 1:13:28 | 23:05:46 | 0:06:56 | 78.0% | 41 | 16 | 6 | 4 | 14 |
| 17 | Emma Hollands | 43 | f | LM | Paddock Wood AC | 15 | 1:14:09 | 21:39:09 | 0:07:00 | 75.1% | 87 | 17 | 2 | 14 | 3 |
| 18 | Karen Patterson | 45 | f | LM | March AC | 15 | 1:14:10 | 21:28:25 | 0:07:00 | 76.4% | 68 | 18 | 3 | 12 | 4 |
| 19 | Sam Thelwell | 26 | m | MS | Norfolk Gazelles Black | 15 | 1:14:41 | 26:50:35 | 0:07:03 | 63.1% | 530 | 19 | 9 | 40 | 15 |
| 20 | Mark Lawrence | 24 | m | MS | Bishops Stortford Running Club | 15 | 1:15:30 | 24:14:14 | 0:07:08 | 62.4% | 557 | 20 | 10 | 41 | 16 |
| 21 | Helen Mian | 48 | f | LM | Norfolk Gazelles Red | 15 | 1:15:48 | 21:43:50 | 0:07:09 | 77.0% | 55 | 21 | 4 | 8 | 5 |
| 22 | John Griffiths | 58 | m | MM | Headington RoadRunners | 15 | 1:15:56 | 25:11:58 | 0:07:10 | 75.4% | 84 | 22 | 7 | 13 | 17 |
| 23 | Chris Chorley | 53 | m | MM | Bungay Black Dog Running Club | 15 | 1:16:37 | 25:23:42 | 0:07:14 | 71.5% | 181 | 23 | 8 | 17 | 18 |
| 24 | Josh Brighty | 25 | m | MS | Norwich Road Runners | 15 | 1:17:19 | 22:42:08 | 0:07:18 | 61.0% | 626 | 24 | 11 | 45 | 19 |
| 25 | Adam Sheward | 33 | m | MS | Thetford AC | 15 | 1:17:24 | 25:25:50 | 0:07:19 | 61.1% | 615 | 25 | 12 | 44 | 20 |
| 26 | Lindsay Cook | 41 | f | LM | North Herts Road Runners | 15 | 1:17:56 | 23:52:07 | 0:07:22 | 70.4% | 231 | 26 | 5 | 19 | 6 |
| 27 | Claudia Milburn | 32 | f | LS | Fenland Running Club | 15 | 1:18:33 | 22:14:19 | 0:07:25 | 67.3% | 345 | 27 | 2 | 23 | 7 |
| 28 | Duncan Andrew | 48 | m | MM | Birketts' Runners AC | 15 | 1:19:25 | 27:23:31 | 0:07:30 | 66.2% | 395 | 28 | 9 | 26 | 21 |
| 29 | Patrick Bird | 57 | m | MM | Garden City Runners | 15 | 1:19:59 | 23:25:56 | 0:07:33 | 71.0% | 203 | 29 | 10 | 18 | 22 |
| 30 | Merle Riseborough | 41 | m | MM | North Norfolk Beach Runners B | 15 | 1:20:37 | 25:14:03 | 0:07:37 | 61.6% | 594 | 30 | 11 | 43 | 23 |
| 31 | Justin Kinsey | 33 | m | MS | Ryston Runners A | 15 | 1:20:41 | 19:46:16 | 0:07:37 | 58.6% | 719 | 31 | 13 | 48 | 24 |
| 32 | Robert Groves | 30 | m | MS | Reepham Runners | 15 | 1:20:45 | 25:33:02 | 0:07:38 | 58.4% | 731 | 32 | 14 | 49 | 25 |
| 33 | Jane Clarke | 56 | f | LM | City Of Norwich AC Ladies | 15 | 1:21:18 | 24:30:32 | 0:07:41 | 79.4% | 31 | 33 | 6 | 2 | 8 |
| 34 | Gail Mackie | 27 | f | LS | Felixstowe Road Runners | 15 | 1:22:07 | 25:32:03 | 0:07:45 | 64.3% | 478 | 34 | 3 | 33 | 9 |
| 35 | Joe Jermy | 28 | m | MS | Great Yarmouth Road Runners | 15 | 1:22:23 | 24:17:48 | 0:07:47 | 57.2% | 774 | 35 | 15 | 53 | 26 |
| 36 | Andy Rowles | 54 | m | MM | Dereham Runners - A Team | 15 | 1:22:38 | 22:36:30 | 0:07:48 | 66.9% | 364 | 36 | 12 | 24 | 27 |
| 37 | Corin Thoday | 41 | m | MM | Reepham Runners Masters | 15 | 1:22:45 | 25:15:21 | 0:07:49 | 60.0% | 658 | 37 | 13 | 46 | 28 |
| 38 | Sophie Thrussell | 23 | f | LS | Riverside Runners A | 15 | 1:22:47 | 21:58:22 | 0:07:49 | 63.7% | 499 | 38 | 4 | 36 | 10 |
| 39 | Ali Middleton | 29 | f | LS | Norwich Road Runners Ladies Team | 15 | 1:23:16 | 25:31:00 | 0:07:52 | 63.4% | 515 | 39 | 5 | 38 | 11 |
| 40 | Alex Hewson | 26 | m | MS | Old Greshamians | 15 | 1:24:10 | 24:41:31 | 0:07:57 | 56.0% | 808 | 40 | 16 | 55 | 29 |
| 41 | Jamie Mcrann | 39 | m | MS | West Norfolk AC | 15 | 1:24:28 | 24:48:38 | 0:07:59 | 57.9% | 757 | 41 | 17 | 51 | 30 |
| 42 | Darren Burgess | 42 | m | MM | RAF Marham | 15 | 1:24:30 | 24:35:07 | 0:07:59 | 59.2% | 699 | 42 | 14 | 47 | 31 |
| 43 | Andrew Wade | 52 | m | MM | Stamford Striders | 15 | 1:24:35 | 23:59:49 | 0:07:59 | 64.2% | 479 | 43 | 15 | 34 | 32 |
| 44 | Dave Philpot | 56 | m | MM | Ramsey Road Runners | 15 | 1:24:43 | 25:13:20 | 0:08:00 | 66.4% | 384 | 44 | 16 | 25 | 33 |
| 45 | Ian Milburn | 72 | m | MM | Fenland Running Club - B | 15 | 1:25:38 | 25:40:36 | 0:08:05 | 76.9% | 57 | 45 | 17 | 9 | 34 |
| 46 | Caroline Brown | 41 | f | LM | Ely Runners B | 15 | 1:26:25 | 25:47:55 | 0:08:10 | 63.5% | 509 | 46 | 7 | 37 | 12 |
| 47 | Neil Harvey | 56 | m | MM | Biggleswade AC | 15 | 1:26:55 | 26:32:56 | 0:08:12 | 64.7% | 464 | 47 | 18 | 32 | 35 |
| 48 | Matt Howes | 42 | m | MM | Norwich Road Runners D | 15 | 1:27:59 | 25:32:39 | 0:08:18 | 56.9% | 783 | 48 | 19 | 54 | 36 |
| 49 | Howard Smith | 56 | m | MM | Wellingborough & District AC. | 15 | 1:28:13 | 26:10:23 | 0:08:20 | 63.8% | 497 | 49 | 20 | 35 | 37 |
| 50 | Chris Fadden | 53 | m | MM | Bedford Harriers | 15 | 1:28:59 | 27:35:29 | 0:08:24 | 61.6% | 593 | 50 | 21 | 42 | 38 |
| 51 | Julia Lloyd | 49 | f | LM | Wymondham AC | 15 | 1:30:14 | 23:43:50 | 0:08:31 | 65.4% | 435 | 51 | 8 | 29 | 13 |
| 52 | Becky Hardy | 37 | f | LM | Dereham Runners - Team B | 15 | 1:32:03 | 26:37:08 | 0:08:42 | 58.3% | 732 | 52 | 9 | 50 | 14 |
| 53 | Michelle Hewitt | 27 | f | LS | Framlingham Flyers | 15 | 1:32:09 | 24:46:19 | 0:08:42 | 57.3% | 772 | 53 | 6 | 52 | 15 |
| 54 | Dawn Marshall | 54 | f | LM | Saint Edmund Pacers | 15 | 1:36:18 | 23:27:40 | 0:09:06 | 65.3% | 442 | 54 | 10 | 30 | 16 |
| 55 | Emma Evans | 20 | f | LJ | Riverside Runners | 15 | 1:39:13 | 26:47:47 | 0:09:22 | 53.2% | 883 | 55 | 1 | 56 | 17 |
| 56 | Tom De Raedt | 40 | m | MM | Pink & Blacks | 15 | 1:40:57 | 25:52:31 | 0:09:32 | 48.8% | 945 | 56 | 22 | 58 | 39 |
| 57 | Paul Sherritt | 50 | m | MM | Haverhill Running Club | 15 | 1:41:16 | 23:23:45 | 0:09:34 | 52.8% | 894 | 57 | 23 | 57 | 40 |
| 58 | Glyn Peck | 75 | m | MM | Harwich Runners | 15 | 1:48:34 | 28:26:28 | 0:10:15 | 63.4% | 516 | 58 | 24 | 39 | 41 |