

Stage 17: Stowbridge to Kings Lynn - 11.73 miles

Pos	Runner	Age	Sex	Cat	Team	Stage	Time	Team Time	Pace	AG%	AG% rank	Stage pos	Cat pos	Cat AG Pos	stage/sex
1	Callum Stanforth	26	m	MS	Ryston Runners A	17	1:08:27	21:29:45	0:05:50	76.8%	59	1	1	5	1
2	Alex Tate	40	m	MM	Ely Runners A	17	1:11:03	21:52:56	0:06:03	77.4%	47	2	1	3	2
3	Michael Taylor	34	m	MS	Riverside Runners	17	1:11:51	28:45:03	0:06:08	73.7%	117	3	2	11	3
4	James Vickers	37	m	MS	Pink & Blacks	17	1:14:44	28:00:33	0:06:22	71.9%	173	4	3	16	4
5	Andy Mulligan	25	m	MS	Coltishall Jaguars	17	1:15:21	25:03:54	0:06:25	69.8%	250	5	4	23	5
6	Sam Russell	28	m	MS	Wymondham AC	17	1:15:47	25:40:36	0:06:28	69.4%	265	6	5	24	6
7	Paul Martin	39	m	MS	Norwich Road Runners	17	1:16:00	24:35:57	0:06:29	71.8%	177	7	6	17	7
8	Steve Cannell	28	m	MS	Bure Valley Harriers	17	1:16:02	23:27:39	0:06:29	69.2%	273	8	7	25	8
9	Ali Robinson	30	m	MS	Norfolk Gazelles Red	17	1:16:06	23:46:58	0:06:29	69.1%	278	9	8	26	9
10	Simon Mead	43	m	MM	Ramsey Road Runners	17	1:16:15	27:14:22	0:06:30	73.8%	111	10	2	9	10
11	Philippa Taylor	49	f	LM	City of Norwich AC A	17	1:16:22	21:39:53	0:06:31	85.9%	4	11	1	1	1
12	Ben Jones	28	m	MS	Cambridge & Coleridge Team B	17	1:17:24	25:47:48	0:06:36	67.9%	313	12	9	28	11
13	Cameron Harris	22	m	MS	Stamford Striders	17	1:18:37	26:03:17	0:06:42	66.9%	362	13	10	33	12
14	Richard Somerset	48	m	MM	Garden City Runners	17	1:18:41	25:32:01	0:06:42	74.5%	96	14	3	7	13
15	Todd Lake	52	m	MM	Dereham Runners - A Team	17	1:18:43	24:26:32	0:06:43	77.0%	54	15	4	4	14
16	Andy Palombella	36	m	MS	Bedford Harriers B	17	1:18:56	22:00:53	0:06:44	67.7%	327	16	11	29	15
17	Will Parry	48	m	MM	London Fronrunners	17	1:20:03	24:34:14	0:06:49	73.2%	131	17	5	12	16
18	Craig Crofts	32	m	MS	Thorney Running Club	17	1:20:32	28:09:52	0:06:52	65.4%	440	18	12	35	17
19	Kevin Hickling	47	m	MM	Riverside Runners A	17	1:21:44	23:54:13	0:06:58	71.1%	195	19	6	19	18
20	Becca Frake	25	f	LS	Cambridge & Coleridge AC - A	17	1:22:02	21:19:55	0:07:00	71.5%	183	20	1	18	2
21	Mike Walter	38	m	MS	Paddock Wood AC	17	1:22:16	23:40:30	0:07:01	65.8%	413	21	13	34	19
22	Angie Joiner-Handy	47	f	LM	Saint Edmund Pacers	17	1:22:18	25:23:31	0:07:01	78.0%	42	22	2	2	3
23	Adrian Waters	49	m	MM	Norfolk Gazelles Black	17	1:23:37	29:03:30	0:07:08	70.7%	215	23	7	20	20
24	Juliet Naylor	44	f	LM	Biggleswade AC	17	1:24:37	28:48:38	0:07:13	73.7%	115	24	3	10	4
25	Leigh Nobes	38	m	MS	Reepham Runners	17	1:24:46	27:47:31	0:07:14	63.9%	491	25	14	37	21
26	Richard Harbon	54	m	MM	North Herts Road Runners	17	1:24:48	26:10:36	0:07:14	72.8%	143	26	8	13	22
27	Chris Harrison	34	m	MS	Norwich Road Runners D	17	1:24:52	27:37:43	0:07:14	62.4%	561	27	15	39	23
28	Andy Bonner	34	m	MS	Ely Runners B	17	1:25:10	28:00:17	0:07:16	62.1%	568	28	16	40	24
29	Lucy Tyler	23	f	LS	Thetford AC	17	1:25:17	27:38:24	0:07:16	68.8%	292	29	2	27	5
30	Greg Quinn	55	m	MM	Reepham Runners Masters	17	1:26:20	27:23:27	0:07:22	72.1%	163	30	9	15	25
31	Ed Rawlings	41	m	MM	North Norfolk Beach Runners A-Team	17	1:26:51	22:49:47	0:07:24	63.8%	494	31	10	38	26
32	Lee Brown	33	m	MS	Haverhill Running Club	17	1:28:03	25:26:19	0:07:30	59.9%	666	32	17	42	27
33	Chris Capps	61	m	MM	Bedford Harriers	17	1:28:11	29:58:37	0:07:31	74.5%	94	33	11	6	28
34	Michael Armes	51	m	MM	Norwich Road Runners B	17	1:29:35	23:39:46	0:07:38	67.1%	353	34	12	31	29
35	Adam Smith	48	m	MM	Old Greshamians	17	1:30:10	27:02:30	0:07:41	65.0%	450	35	13	36	30
36	Simon Render	52	m	MM	March AC	17	1:30:20	23:39:36	0:07:42	67.1%	351	36	14	30	31
37	David Neeves	35	m	MS	Bungay Black Dog Running Club	17	1:30:48	27:54:09	0:07:44	58.5%	724	37	18	46	32
38	Mark Stone	44	m	MM	Great Yarmouth Road Runners	17	1:31:24	26:38:51	0:07:48	62.1%	571	38	15	41	33
39	Neville Baker	62	m	MM	Headington RoadRunners	17	1:31:51	27:42:12	0:07:50	72.2%	157	39	16	14	34
40	Andy Collett	33	m	MS	Stowmarket Striders	17	1:33:42	26:57:18	0:07:59	56.3%	798	40	19	48	35
41	Niki Park	51	f	LM	Norwich Road Runners Ladies Team	17	1:35:39	27:47:49	0:08:09	70.3%	236	41	4	21	6
42	Sue Cooke	56	f	LM	City Of Norwich AC Ladies	17	1:36:18	26:42:55	0:08:13	74.5%	97	42	5	8	7
43	Sarah Taylor	51	f	LM	Ryston Ladies	17	1:36:19	25:59:34	0:08:13	69.8%	249	43	6	22	8
44	Hazel Wray	48	f	LM	North Norfolk Beach Runners B	17	1:36:44	27:30:59	0:08:15	67.1%	356	44	7	32	9
45	Lee Kirby	42	m	MM	Bishops Stortford Running Club	17	1:37:06	26:38:30	0:08:17	57.5%	766	45	17	47	36
46	Paulina Zub	36	f	LM	Fenland Running Club - B	17	1:39:33	28:17:47	0:08:29	59.7%	676	46	8	43	10
47	Carol Bowett	36	f	LM	Fenland Running Club	17	1:39:35	24:38:27	0:08:29	59.7%	677	47	9	44	11
48	Trudy Sayell	37	f	LM	West Norfolk AC	17	1:40:10	27:30:22	0:08:32	59.6%	682	48	10	45	12
49	Benjamin Warnes	35	m	MS	RAF Marham	17	1:45:12	26:56:50	0:08:58	50.5%	924	49	20	55	37
50	Kareana Symonds	35	f	LM	Dereham Runners - Team B	17	1:45:45	29:09:32	0:09:01	56.0%	807	50	11	49	13
51	Ilona Kriauzaitė	35	f	LM	Serpentine RC	17	1:45:55	26:15:23	0:09:02	55.9%	810	51	12	50	14
52	Clare Barstow	38	f	LM	Framlingham Flyers	17	1:48:09	27:16:46	0:09:13	55.4%	822	52	13	52	15
53	Matt Doran	42	m	MM	Harwich Runners	17	1:48:58	31:05:10	0:09:17	51.3%	916	53	18	54	38
54	Martin Hammond	51	m	MM	Ryston Runners C	17	1:49:21	27:15:22	0:09:19	55.0%	833	54	19	53	39
55	Amanda Davis	43	f	LM	Wellingborough & District AC.	17	1:51:19	28:55:31	0:09:29	55.6%	818	55	14	51	16
56	Kitty Rosser	36	f	LM	Tri-Anglia	17	1:59:19	27:44:29	0:10:10	49.8%	933	56	15	56	17
57	Carla Wiggins	36	f	LM	Felixstowe Road Runners	17	2:00:39	28:18:39	0:10:17	49.3%	941	57	16	57	18
58	Ryan Bigland	28	m	MS	Birketts' Runners AC	17	2:06:35	30:09:36	0:10:47	41.5%	982	58	21	58	40