

## Stage 9: Horsey to Belton - 16.6 miles

| Pos | Runner            | Age | Sex | Cat | Team                               | Stage | Time    | Team Time | Pace    | AG%   | AG% rank | Stage pos | Cat pos | Cat AG Pos | stage/sex |
|-----|-------------------|-----|-----|-----|------------------------------------|-------|---------|-----------|---------|-------|----------|-----------|---------|------------|-----------|
| 1   | Matt Slater       | 32  | m   | MS  | Cambridge & Coleridge AC - A       | 9     | 1:37:40 | 10:55:58  | 0:05:53 | 78.5% | 40       | 1         | 1       | 2          | 1         |
| 2   | Alan Darby        | 32  | m   | MS  | Ely Runners A                      | 9     | 1:38:45 | 10:55:24  | 0:05:57 | 77.6% | 44       | 2         | 2       | 3          | 2         |
| 3   | Mark Grubb        | 32  | m   | MS  | Norfolk Gazelles Red               | 9     | 1:39:11 | 12:06:28  | 0:05:58 | 77.3% | 49       | 3         | 3       | 4          | 3         |
| 4   | Andy Kett         | 39  | m   | MS  | North Norfolk Beach Runners A-Team | 9     | 1:44:42 | 11:18:36  | 0:06:18 | 75.2% | 86       | 4         | 4       | 9          | 4         |
| 5   | Stuart Dare       | 39  | m   | MS  | Bedford Harriers B                 | 9     | 1:45:02 | 11:03:07  | 0:06:20 | 75.0% | 88       | 5         | 5       | 10         | 5         |
| 6   | John Scoggins     | 35  | m   | MS  | City of Norwich AC A               | 9     | 1:45:35 | 11:19:49  | 0:06:22 | 72.8% | 141      | 6         | 6       | 13         | 6         |
| 7   | Jack Gillick      | 29  | m   | MS  | Wymondham AC                       | 9     | 1:46:13 | 12:36:53  | 0:06:24 | 72.2% | 159      | 7         | 7       | 16         | 7         |
| 8   | Malcolm Pritchard | 45  | m   | MM  | Riverside Runners A                | 9     | 1:48:20 | 12:15:05  | 0:06:32 | 76.3% | 70       | 8         | 1       | 6          | 8         |
| 9   | Darren Sunter     | 40  | m   | MM  | North Herts Road Runners           | 9     | 1:49:29 | 13:15:47  | 0:06:36 | 72.5% | 150      | 9         | 2       | 14         | 9         |
| 10  | Andrew Brett      | 33  | m   | MS  | Ramsey Road Runners                | 9     | 1:50:19 | 14:05:56  | 0:06:39 | 69.5% | 263      | 10        | 8       | 22         | 10        |
| 11  | Nic Bensley       | 46  | m   | MM  | Ryston Runners A                   | 9     | 1:50:27 | 10:52:44  | 0:06:39 | 75.5% | 83       | 11        | 3       | 7          | 11        |
| 12  | Karl Hayer        | 40  | m   | MM  | London Frontrunners                | 9     | 1:51:31 | 12:16:31  | 0:06:43 | 71.2% | 194      | 12        | 4       | 18         | 12        |
| 13  | Russell Casey     | 39  | m   | MS  | Garden City Runners                | 9     | 1:51:36 | 12:48:47  | 0:06:43 | 70.5% | 223      | 13        | 9       | 20         | 13        |
| 14  | Daniel Grimwood   | 40  | m   | MM  | Paddock Wood AC                    | 9     | 1:53:29 | 12:16:09  | 0:06:50 | 69.9% | 247      | 14        | 5       | 21         | 14        |
| 15  | Geraldine Larham  | 46  | f   | LM  | March AC                           | 9     | 1:53:51 | 12:04:28  | 0:06:52 | 81.4% | 17       | 15        | 1       | 1          | 1         |
| 16  | Matthew Ironside  | 33  | m   | MS  | Bishops Stortford Running Club     | 9     | 1:54:22 | 13:52:27  | 0:06:53 | 67.0% | 358      | 16        | 10      | 28         | 15        |
| 17  | Graham Milham     | 40  | m   | MM  | Fenland Running Club               | 9     | 1:56:42 | 12:34:32  | 0:07:02 | 68.0% | 308      | 17        | 6       | 25         | 16        |
| 18  | Stew Kelly        | 40  | m   | MM  | West Norfolk AC                    | 9     | 1:57:22 | 13:59:17  | 0:07:04 | 67.6% | 329      | 18        | 7       | 26         | 17        |
| 19  | Nick Stephens     | 53  | m   | MM  | Stowmarket Striders                | 9     | 1:57:45 | 14:01:10  | 0:07:06 | 75.2% | 85       | 19        | 8       | 8          | 18        |
| 20  | Stewart Robins    | 49  | m   | MM  | Ryston Runners C                   | 9     | 1:58:34 | 13:19:32  | 0:07:09 | 72.1% | 161      | 20        | 9       | 17         | 19        |
| 21  | Peter Nelson      | 41  | m   | MM  | Coltishall Jaguars                 | 9     | 2:01:19 | 12:39:01  | 0:07:18 | 65.9% | 402      | 21        | 10      | 32         | 20        |
| 22  | Simon Bekker      | 41  | m   | MM  | Great Yarmouth Road Runners        | 9     | 2:01:30 | 13:23:13  | 0:07:19 | 65.8% | 408      | 22        | 11      | 33         | 21        |
| 23  | Andrew Parsons    | 37  | m   | MS  | Cambridge & Coleridge Team B       | 9     | 2:01:39 | 13:28:10  | 0:07:20 | 63.8% | 494      | 23        | 11      | 39         | 22        |
| 24  | Lesley Robins     | 44  | f   | LM  | Ryston Ladies                      | 9     | 2:01:42 | 13:24:42  | 0:07:20 | 74.5% | 93       | 24        | 2       | 11         | 2         |
| 25  | Nicholas Sinnott  | 44  | m   | MM  | Wellingborough & District AC.      | 9     | 2:02:18 | 14:23:32  | 0:07:22 | 67.0% | 357      | 25        | 12      | 27         | 23        |
| 26  | Graham Watering   | 43  | m   | MM  | Norwich Road Runners B             | 9     | 2:03:38 | 11:49:48  | 0:07:27 | 65.8% | 413      | 26        | 13      | 34         | 24        |
| 27  | Patrick Mace      | 54  | m   | MM  | Norwich Road Runners D             | 9     | 2:03:42 | 14:14:59  | 0:07:27 | 72.2% | 154      | 27        | 14      | 15         | 25        |
| 28  | Stewart White     | 39  | m   | MS  | Saint Edmund Pacers                | 9     | 2:04:09 | 12:27:42  | 0:07:29 | 63.4% | 511      | 28        | 12      | 40         | 26        |
| 29  | Paul Marriage     | 44  | m   | MM  | Old Greshamians                    | 9     | 2:06:14 | 13:30:39  | 0:07:36 | 64.9% | 451      | 29        | 15      | 36         | 27        |
| 30  | Paul Davies       | 47  | m   | MM  | Biggleswade AC                     | 9     | 2:06:24 | 15:56:38  | 0:07:37 | 66.5% | 377      | 30        | 16      | 30         | 28        |
| 31  | Tessa Jones       | 50  | f   | LM  | City Of Norwich AC Ladies          | 9     | 2:07:11 | 14:13:09  | 0:07:40 | 76.5% | 66       | 31        | 3       | 5          | 3         |
| 32  | Louise Juby       | 36  | f   | LM  | Dereham Runners - A Team           | 9     | 2:08:59 | 12:45:02  | 0:07:46 | 66.4% | 382      | 32        | 4       | 31         | 4         |
| 33  | Eamonn Dorling    | 61  | m   | MM  | Thorney Running Club               | 9     | 2:09:17 | 14:58:19  | 0:07:47 | 73.8% | 113      | 33        | 17      | 12         | 29        |
| 34  | Vince Butler      | 47  | m   | MM  | Tri-Anglia                         | 9     | 2:09:43 | 14:09:39  | 0:07:49 | 64.8% | 459      | 34        | 18      | 37         | 30        |
| 35  | Jacky Walsingham  | 43  | f   | LM  | RAF Marham                         | 9     | 2:09:48 | 12:55:20  | 0:07:49 | 69.2% | 271      | 35        | 5       | 23         | 5         |
| 36  | Louise White      | 40  | f   | LM  | Thetford AC                        | 9     | 2:10:51 | 14:53:41  | 0:07:53 | 67.0% | 359      | 36        | 6       | 29         | 6         |
| 37  | Emily Haughan     | 37  | f   | LM  | North Norfolk Beach Runners B      | 9     | 2:11:06 | 14:02:36  | 0:07:54 | 65.7% | 422      | 37        | 7       | 35         | 7         |
| 38  | Matt Crane        | 39  | m   | MS  | Bure Valley Harriers               | 9     | 2:11:36 | 12:29:46  | 0:07:56 | 59.8% | 668      | 38        | 13      | 47         | 31        |
| 39  | Andrew Hawes      | 37  | m   | MS  | Reepham Runners                    | 9     | 2:13:44 | 14:50:40  | 0:08:03 | 58.0% | 742      | 39        | 14      | 49         | 32        |
| 40  | Dean Clark        | 20  | m   | MJ  | Fenland Running Club - B           | 9     | 2:14:19 | 15:01:09  | 0:08:05 | 57.8% | 756      | 40        | 1       | 50         | 33        |
| 41  | David Crosthwaite | 48  | m   | MM  | Headington RoadRunners             | 9     | 2:15:12 | 14:00:10  | 0:08:09 | 62.7% | 547      | 41        | 19      | 43         | 34        |
| 42  | Ruth Steele       | 49  | f   | LM  | Norwich Road Runners Ladies Team   | 9     | 2:16:10 | 14:01:46  | 0:08:12 | 70.6% | 222      | 42        | 8       | 19         | 8         |
| 43  | David Mould       | 50  | m   | MM  | Ely Runners B                      | 9     | 2:16:24 | 14:41:34  | 0:08:13 | 63.2% | 521      | 43        | 20      | 41         | 35        |
| 44  | Jamie Randall     | 50  | m   | MM  | Haverhill Running Club             | 9     | 2:16:52 | 13:00:28  | 0:08:15 | 63.0% | 530      | 44        | 21      | 42         | 36        |
| 45  | David Gilbert     | 54  | m   | MM  | Bungay Black Dog Running Club      | 9     | 2:17:55 | 15:03:24  | 0:08:18 | 64.8% | 460      | 45        | 22      | 38         | 37        |
| 46  | Joe Dixon         | 33  | m   | MS  | Pink & Blacks                      | 9     | 2:19:28 | 14:32:01  | 0:08:24 | 55.0% | 829      | 46        | 15      | 53         | 38        |
| 47  | Chris Deadman     | 33  | m   | MS  | Stamford Striders                  | 9     | 2:19:29 | 13:08:46  | 0:08:24 | 55.0% | 830      | 47        | 16      | 54         | 39        |
| 48  | Ian Kingstone     | 50  | m   | MM  | Bedford Harriers                   | 9     | 2:22:03 | 15:27:31  | 0:08:33 | 60.7% | 633      | 48        | 23      | 45         | 40        |
| 49  | Helen Salmon      | 50  | f   | LM  | Norfolk Gazelles Black             | 9     | 2:23:00 | 14:44:22  | 0:08:37 | 68.0% | 306      | 49        | 9       | 24         | 9         |
| 50  | Sarah Maisey      | 38  | f   | LM  | Serpentine RC                      | 9     | 2:25:24 | 13:43:28  | 0:08:46 | 59.5% | 680      | 50        | 10      | 48         | 10        |
| 51  | Philip Websdale   | 43  | m   | MM  | Dereham Runners - Team B           | 9     | 2:26:53 | 14:56:00  | 0:08:51 | 55.4% | 819      | 51        | 24      | 52         | 41        |
| 52  | Natalie Fairbairn | 45  | f   | LM  | Riverside Runners                  | 9     | 2:28:38 | 14:36:18  | 0:08:57 | 61.7% | 585      | 52        | 11      | 44         | 11        |
| 53  | Carl Willimott    | 47  | m   | MM  | Reepham Runners Masters            | 9     | 2:29:29 | 14:11:29  | 0:09:00 | 56.2% | 795      | 53        | 25      | 51         | 42        |
| 54  | Simon Wiggins     | 44  | m   | MM  | Felixstowe Road Runners            | 9     | 2:33:50 | 15:14:40  | 0:09:16 | 53.3% | 873      | 54        | 26      | 55         | 43        |
| 55  | Emily Beavis      | 21  | f   | LS  | Norwich Road Runners               | 9     | 2:39:22 | 12:58:06  | 0:09:36 | 52.9% | 883      | 55        | 1       | 56         | 12        |
| 56  | Jo Parden         | 49  | f   | LM  | Framlingham Flyers                 | 9     | 2:39:42 | 14:10:40  | 0:09:37 | 60.2% | 653      | 56        | 12      | 46         | 13        |
| 57  | Clare Mckenna     | 25  | f   | LS  | Harwich Runners                    | 9     | 2:53:55 | 14:56:01  | 0:10:29 | 48.5% | 943      | 57        | 2       | 57         | 14        |
| 58  | A.N. Other        | 40  | m   | MJ  | Birketts' Runners AC               | 9     | 2:58:55 | 15:47:41  | 0:10:47 | 44.4% | 971      | 58        | 2       | 58         | 44        |