

## Stage 11: Earsham to Schole - 12.45 miles

Pos	Runner	Age	Sex	Cat	Team	Stage	Time	Team Time	Pace	AG%	AG% rank	Stage pos	Cat pos	Cat AG Pos	stage/sex
1	James Senior	25	M	MS	City of Norwich AC - Team A	11	1:09:52	13:23:55	0:05:37	80.2%	29	1	1	2	1
2	Joe Holland	20	M	MJ	Paddock Wood AC	11	1:17:14	15:11:43	0:06:12	73.4%	145	2	1	5	2
3	Lee Tatum	36	M	MS	Ely Runners - Team A	11	1:17:33	15:35:48	0:06:14	73.2%	152	3	2	6	3
4	Nic Bensley	47	M	MM	Ryston Runners - Open	11	1:18:09	14:35:24	0:06:17	79.1%	37	4	1	3	4
5	Stephen Gibbs	37	M	MS	Norwich Road Runners - Open	11	1:18:13	14:17:52	0:06:17	73.0%	158	5	3	7	5
6	Ben Rivett	30	M	MS	Wymondham AC - Open	11	1:18:29	14:32:29	0:06:18	71.4%	220	6	4	11	6
7	John Ferguson	53	M	MM	Cambridge & Coleridge AC - Team A	11	1:20:23	14:00:10	0:06:27	80.9%	20	7	2	1	7
8	Darren Neale	39	M	MS	North Norfolk Beach Runners - Team A	11	1:21:45	14:30:17	0:06:34	70.9%	232	8	5	14	8
9	Paul Huckle	29	M	MS	Wellingborough & District AC - Team 1	11	1:23:00	18:30:55	0:06:40	67.5%	377	9	6	24	9
10	Matt Ironside	34	M	MS	Bishops Stortford Running Club	11	1:24:30	17:18:42	0:06:47	66.6%	418	10	7	28	10
11	Sam Thelwell	27	M	MS	Norfolk Gazelles Chinkara	11	1:24:57	17:13:42	0:06:49	66.0%	445	11	8	31	11
12	Matthew Stone	46	M	MM	Bure Valley Harriers	11	1:27:07	15:25:16	0:07:00	70.4%	253	12	3	17	12
13	Chris Searle	25	M	MS	Dereham - Open	11	1:27:35	17:17:45	0:07:02	64.0%	546	13	9	36	13
14	Dave Ledward	50	M	MM	Norwich Road Runners - Masters	11	1:28:14	14:53:24	0:07:05	71.9%	203	14	4	10	14
15	Trevor Bunch	43	M	MM	Haverhill Running Club	11	1:28:36	17:44:57	0:07:07	67.5%	373	15	5	23	15
16	Justin Elvidge	46	M	MM	March AC	11	1:28:50	15:41:54	0:07:08	69.0%	310	16	6	20	16
17	David Rossiter	49	M	MM	Headington Road Runners	11	1:29:12	17:29:32	0:07:10	70.5%	248	17	7	16	17
18	Stuart Follen	43	M	MM	Fenland Running Club - Open	11	1:29:13	15:14:15	0:07:10	67.1%	399	18	8	26	18
19	Maija Kozlova	33	F	LS	Cambridge and Coleridge AC - Team B	11	1:30:00	16:43:26	0:07:14	69.7%	276	19	1	18	1
20	Jeremy Lawrence	59	M	MM	Coltishall Jaguars - Mixed	11	1:30:07	16:39:24	0:07:14	76.2%	80	20	9	4	19
21	Sarah Swaney	38	F	LM	Pink & Blacks	11	1:30:27	18:14:08	0:07:16	70.6%	243	21	1	15	2
22	Rob Moir	52	M	MM	Riverside Runners	11	1:30:32	17:02:10	0:07:16	71.2%	226	22	10	12	20
23	Charlotte Beavitt	31	F	LS	Old Greshamians - Team 2	11	1:30:34	19:00:37	0:07:16	69.0%	308	23	2	19	3
24	Richard Dolman	54	M	MM	Thetford AC	11	1:30:37	18:33:46	0:07:17	72.4%	181	24	11	9	21
25	Charlie Parr	26	M	MS	City of Norwich AC - Team C	11	1:30:44	17:38:50	0:07:17	61.7%	639	25	10	45	22
26	Paul Dockerill	39	M	MS	Newmarket Joggers	11	1:31:38	17:29:24	0:07:22	63.3%	579	26	11	41	23
27	Adrian Woods	45	M	MM	North Norfolk Beach Runners - Team B	11	1:34:04	18:40:19	0:07:33	64.7%	513	27	12	34	24
28	Nick Eley	59	M	MM	Coltishall Jaguars - Open	11	1:34:28	17:02:34	0:07:35	72.7%	171	28	13	8	25
29	Phil Brown	51	M	MM	Saint Edmund Pacers - Team A	11	1:35:49	16:58:26	0:07:42	66.7%	414	29	14	27	26
30	Craig Farr	42	M	MM	Dereham - Club	11	1:35:59	16:56:22	0:07:43	61.9%	635	30	15	44	27
31	Sally Knight	43	F	LM	Bedford Harriers	11	1:36:04	18:25:48	0:07:43	68.6%	326	31	2	21	4
32	Natalie Garrard	38	F	LM	West Norfolk AC	11	1:36:08	17:52:33	0:07:43	66.4%	429	32	3	29	5

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33	Matt Kefford	48	M	MM	Stamford Striders	11	1:36:35	17:29:39	0:07:45	64.5%	517	33	16	35	28
34	Myles Duffield	44	M	MM	Great Yarmouth Road Runners - Open	11	1:36:38	18:19:02	0:07:46	62.4%	622	34	17	43	29
35	Sarah Stubbs	42	F	LM	City of Norwich AC - Team B	11	1:37:07	16:20:32	0:07:48	67.3%	384	35	4	25	6
36	Ieuan Alldis	19	M	MJ	Saint Edmund Pacers - Team B	11	1:37:19	17:34:31	0:07:49	58.9%	764	36	2	51	30
37	Barry Smith	52	M	MM	Ryston Runners - Masters	11	1:37:28	17:27:39	0:07:50	66.2%	436	37	18	30	31
38	Martin Little	48	M	MM	Stowmarket Striders Running Club	11	1:38:15	17:49:36	0:07:53	63.5%	572	38	19	39	32
39	Amy Southward	27	F	LS	Ely Runners - Team B	11	1:38:18	18:29:02	0:07:54	63.5%	564	39	3	38	7
40	Simon Sparkes	44	M	MM	Bungay Black Dog Running Club	11	1:38:46	19:07:13	0:07:56	61.1%	675	40	20	46	33
41	James Coleman	43	M	MM	Tri-Anglia Triathlon Club	11	1:39:09	18:06:32	0:07:58	60.4%	711	41	21	49	34
42	Michael Paine	53	M	MM	Garden City Runners	11	1:39:28	16:00:09	0:07:59	65.4%	475	42	22	33	35
43	Kay Boyden	32	F	LS	Reepham Runners - Mixed	11	1:39:38	17:51:32	0:08:00	62.8%	602	43	4	42	8
44	Jo Anverali	48	F	LM	Great Yarmouth Road Runners - Ladies	11	1:41:21	21:01:51	0:08:08	68.2%	339	44	5	22	9
45	Peter Williams	46	M	MM	Wellingborough & District AC - Team 2	11	1:41:26	18:56:06	0:08:09	60.5%	705	45	23	48	36
46	Claire Rackham	45	F	LM	Norwich Road Runners - Ladies	11	1:42:07	17:16:58	0:08:12	65.6%	468	46	6	32	10
47	Elisabeth Sennitt-Clough	42	F	LM	Fenland Running Club - Ladies	11	1:43:11	19:05:03	0:08:17	63.4%	575	47	7	40	11
48	Mitesh Patel	32	M	MS	Metros RC	11	1:43:15	18:41:00	0:08:18	54.3%	904	48	12	57	37
49	Ben Davies	38	M	MS	Thorney Running Club	11	1:45:17	18:28:57	0:08:27	54.6%	897	49	13	56	38
50	Kate Penn	30	F	LS	Ryston Runners - Ladies	11	1:46:07	17:21:44	0:08:31	58.9%	765	50	5	52	12
51	Adam Tingey	32	M	MS	RAF Marham	11	1:49:00	18:08:51	0:08:45	51.4%	964	51	14	59	39
52	Michelle Hewlitt	28	F	LS	Framlingham Flyers	11	1:49:16	18:53:20	0:08:47	57.2%	824	52	6	53	13
53	Lisa Netto	41	F	LM	Norfolk Gazelles Dorcas	11	1:49:27	16:10:34	0:08:47	59.3%	749	53	8	50	14
54	Adrian Rutterford	57	M	MM	Old Greshamians - Team 1	11	1:50:33	18:24:57	0:08:53	61.0%	678	54	24	47	40
55	Ray Lindsay	62	M	MM	Norwich Road Runners - Mixed	11	1:50:50	18:44:05	0:08:54	63.7%	556	55	25	37	41
56	Charlotte Richardson	40	F	LM	Wymondham AC - Ladies	11	1:53:18	17:53:04	0:09:06	57.0%	832	56	9	54	15
57	Martin Kirk	48	M	MM	Ramsey Road Runners	11	1:53:57	17:41:47	0:09:09	54.7%	895	57	26	55	42
58	Sue Foot	64	F	LM	North Herts Road Runners	11	2:00:12	17:25:53	0:09:39	71.2%	228	58	10	13	16
59	Juliet Grimwood	53	F	LM	Biggleswade AC	11	2:17:41	18:05:12	0:11:04	53.4%	929	59	11	58	17
60	Julie Doughty	46	F	LM	Reepham Runners - Masters	11	2:22:16	18:41:22	0:11:26	47.6%	1003	60	12	60	18
61	Ali Ostler	35	F	LM	Felixstowe Road Runners	11	2:33:38	19:14:00	0:12:20	41.0%	1033	61	13	61	19