

Stage 13: Thetford to Feltwell - 13.25 miles

Pos	Runner	Age	Sex	Cat	Team	Stage	Time	Team Time	Pace	AG%	AG% rank	Stage pos	Cat pos	Cat AG Pos	stage/sex
1	Michael Taylor	35	M	MS	Riverside Runners	13	1:13:55	20:49:37	0:05:35	81.6%	14	1	1	2	1
2	Michael Eccles	37	M	MS	Norfolk Gazelles Dorcas	13	1:15:52	19:59:33	0:05:44	80.3%	27	2	2	5	2
3	Matt Bidwell	45	M	MM	City of Norwich AC - Team A	13	1:15:55	16:42:21	0:05:44	85.5%	5	3	1	1	3
4	Graham Jenvey	37	M	MS	Norwich Road Runners - Open	13	1:20:20	19:10:04	0:06:04	75.9%	87	4	3	6	4
5	Adam Howlett	46	M	MM	Framlingham Flyers	13	1:20:59	23:14:58	0:06:07	80.8%	22	5	2	4	5
6	Mark Vaughan	47	M	MM	North Herts Road Runners	13	1:21:12	21:31:16	0:06:08	81.2%	17	6	3	3	6
7	Robert Simmonds	32	M	MS	Ryston Runners - Open	13	1:23:51	17:58:08	0:06:20	71.4%	219	7	4	14	7
8	Sam Russell	29	M	MS	Wymondham AC - Open	13	1:26:45	18:02:48	0:06:33	69.0%	312	8	5	19	8
9	Darren Hire	42	M	MM	Thorney Running Club	13	1:27:37	22:38:55	0:06:37	72.3%	191	9	4	13	9
10	Bart Hommels	44	M	MM	Cambridge & Coleridge AC - Team A	13	1:27:44	17:37:33	0:06:37	73.4%	146	10	5	10	10
11	Darren Honour	48	M	MM	Bungay Black Dog Running Club	13	1:27:50	24:05:40	0:06:38	75.7%	91	11	6	7	11
12	Lukas Bates	29	M	MS	Paddock Wood AC	13	1:27:52	18:44:33	0:06:38	68.1%	344	12	6	23	12
13	Guzel Sari	36	M	MS	Dereham - Club	13	1:28:58	20:55:38	0:06:43	68.1%	345	13	7	24	13
14	Tony Aldborough	46	M	MM	Coltishall Jaguars - Mixed	13	1:29:13	20:21:17	0:06:44	73.3%	148	14	7	11	14
15	Adam Smart	35	M	MS	North Norfolk Beach Runners - Team A	13	1:30:07	18:00:48	0:06:48	66.9%	406	15	8	30	15
16	Tom White	35	M	MS	Saint Edmund Pacers - Team B	13	1:31:35	21:40:43	0:06:55	65.8%	453	16	9	34	16
17	Jan Piotrowski	28	M	MS	Garden City Runners	13	1:33:15	19:43:20	0:07:02	64.2%	534	17	10	38	17
18	Chris Rose	42	M	MM	Fenland Running Club - Open	13	1:33:34	18:49:23	0:07:04	67.7%	366	18	8	27	18
19	Neil Button	48	M	MM	Coltishall Jaguars - Open	13	1:34:09	21:03:24	0:07:06	70.7%	240	19	9	15	19
20	David Asker	33	M	MS	Tri-Anglia Triathlon Club	13	1:34:17	22:20:43	0:07:07	63.6%	562	20	11	39	20
21	Tony Savage	56	M	MM	Ryston Runners - Masters	13	1:34:47	21:43:33	0:07:09	75.2%	97	21	10	8	21
22	Glen Dunham	52	M	MM	City of Norwich AC - Team B	13	1:34:56	20:15:47	0:07:10	72.5%	177	22	11	12	22
23	Dave Tandy	47	M	MM	Norwich Road Runners - Masters	13	1:34:59	18:53:10	0:07:10	69.5%	290	23	12	18	23
24	Paul Marriage	45	M	MM	Old Greshamians - Team 1	13	1:36:08	22:32:31	0:07:15	67.5%	376	24	13	28	24
25	Justin Showell	48	M	MM	March AC	13	1:36:39	19:20:47	0:07:18	68.8%	315	25	14	20	25
26	Ian Elden	43	M	MM	Haverhill Running Club	13	1:36:51	21:56:02	0:07:19	65.9%	447	26	15	32	26
27	Lorena Latisaite	29	F	LS	Ryston Runners - Ladies	13	1:37:28	21:52:17	0:07:21	68.2%	338	27	1	22	1
28	Roger Stone	49	M	MM	Felixstowe Road Runners	13	1:38:44	23:14:30	0:07:27	68.0%	354	28	16	25	27
29	Peter Royle	48	M	MM	Ely Runners - Team A	13	1:39:42	19:23:35	0:07:31	66.7%	415	29	17	31	28
30	Kris Semple	49	M	MM	Cambridge and Coleridge AC - Team B	13	1:42:15	20:39:56	0:07:43	65.6%	471	30	18	35	29
31	Neville Clarke	63	M	MM	Newmarket Joggers	13	1:42:18	21:23:07	0:07:43	74.4%	113	31	19	9	30
32	Catriona Scott	38	F	LM	Headington Road Runners	13	1:43:09	22:07:01	0:07:47	65.9%	452	32	1	33	2

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33	Cassie Barker	42	F	LM	Wymondham AC - Ladies	13	1:43:10	22:27:05	0:07:47	67.5%	378	33	2	29	3
34	James Terry	44	M	MM	Wellingborough & District AC - Team 1	13	1:43:25	22:54:36	0:07:48	62.2%	627	34	20	41	31
35	Nicky Jennings	45	F	LM	Fenland Running Club - Ladies	13	1:43:42	23:38:49	0:07:50	68.8%	319	35	3	21	4
36	Stephen Hatten	51	M	MM	Saint Edmund Pacers - Team A	13	1:44:45	21:00:55	0:07:54	65.2%	484	36	21	36	32
37	Adrian Dyde	59	M	MM	North Norfolk Beach Runners - Team B	13	1:45:22	23:10:58	0:07:57	69.6%	282	37	22	17	33
38	Chris Lee	37	M	MS	City of Norwich AC - Team C	13	1:45:22	22:56:04	0:07:57	57.8%	802	38	12	50	34
39	Nicola Baker	49	F	LM	Great Yarmouth Road Runners - Ladies	13	1:45:29	25:22:08	0:07:58	70.5%	247	39	4	16	5
40	Ali Middleton	30	F	LS	Norwich Road Runners - Ladies	13	1:45:32	21:52:58	0:07:58	63.0%	589	40	2	40	6
41	Ian Jones	36	M	MS	Wellingborough & District AC - Team 2	13	1:46:36	23:06:08	0:08:03	56.8%	838	41	13	51	35
42	Mark Stone	45	M	MM	Great Yarmouth Road Runners - Open	13	1:46:46	22:30:09	0:08:03	60.8%	691	42	23	44	36
43	Tim Woods	55	M	MM	Norfolk Gazelles Chinkara	13	1:48:59	21:49:09	0:08:14	64.9%	503	43	24	37	37
44	Steve Owen	60	M	MM	Reepham Runners - Mixed	13	1:49:14	22:13:45	0:08:15	67.7%	363	44	25	26	38
45	Ian Walters	49	M	MM	Old Greshamians - Team 2	13	1:50:48	23:14:23	0:08:22	60.6%	703	45	26	45	39
46	Jon Cope	38	M	MS	Pink & Blacks	13	1:51:38	22:43:39	0:08:26	55.0%	890	46	14	54	40
47	Cliff Lear	52	M	MM	Thetford AC	13	1:51:47	23:11:46	0:08:26	61.6%	648	47	27	43	41
48	Chris Fadden	54	M	MM	Bedford Harriers	13	1:53:25	23:03:51	0:08:34	61.8%	638	48	28	42	42
49	Simon Marvel	52	M	MM	Stamford Striders	13	1:54:24	22:02:09	0:08:38	60.2%	721	49	29	46	43
50	Stuart Rose	42	M	MM	Dereham - Open	13	1:54:56	21:39:39	0:08:40	55.1%	883	50	30	53	44
51	Jonathon May	33	M	MS	RAF Marham	13	1:56:05	22:37:39	0:08:46	51.6%	960	51	15	59	45
52	Pritesh Patel	32	M	MS	Metros RC	13	1:57:07	22:43:49	0:08:50	51.1%	971	52	16	60	46
53	Frank Mcloughlin	55	M	MM	Biggleswade AC	13	1:58:12	22:38:00	0:08:55	59.8%	734	53	31	47	47
54	Jon Thetford	45	M	MM	Reepham Runners - Masters	13	1:58:56	23:16:14	0:08:59	54.6%	898	54	32	55	48
55	Lee Tunmore	44	M	MM	West Norfolk AC	13	2:02:35	22:51:47	0:09:15	52.5%	945	55	33	56	49
56	John Foster	57	M	MM	Ely Runners - Team B	13	2:03:59	23:24:29	0:09:21	58.0%	795	56	34	49	50
57	Eleanor Rodgers	49	F	LM	Bishops Stortford Running Club	13	2:05:23	22:01:31	0:09:28	59.3%	751	57	5	48	7
58	Charlotte Wasp	36	F	LM	Stowmarket Striders Running Club	13	2:08:32	22:49:06	0:09:42	52.4%	949	58	6	57	8
59	Helen Mclean	47	F	LM	Ramsey Road Runners	13	2:10:09	22:26:48	0:09:49	55.9%	867	59	7	52	9
60	Caroline Allen	38	F	LM	Norwich Road Runners - Mixed	13	2:11:22	23:23:32	0:09:55	51.7%	959	60	8	58	10
61	Aaron Scott	31	M	MS	Bure Valley Harriers	13	2:28:32	20:04:04	0:11:13	40.3%	1034	61	17	61	51