

Stage 15: Wissington to Downham Market - 10.59 miles

Pos	Runner	Age	Sex	Cat	Team	Stage	Time	Team Time	Pace	AG%	AG% rank	Stage pos	Cat pos	Cat AG Pos	stage/sex
1	Axel Finke	30	M	MS	Cambridge & Coleridge AC - Team A	15	1:01:47	19:26:57	0:05:50	76.3%	77	1	1	7	1
2	Alex Tate	41	M	MM	Ely Runners - Team A	15	1:02:01	21:15:18	0:05:51	80.1%	32	2	1	2	2
3	Adam Matthews	22	M	MS	Ryston Runners - Open	15	1:06:23	19:49:31	0:06:16	71.0%	229	3	2	15	3
4	Dani Nimmock	27	F	LS	City of Norwich AC - Team A	15	1:07:49	18:37:22	0:06:24	77.8%	54	4	1	3	1
5	Mabel Beckett	22	F	LS	City of Norwich AC - Team B	15	1:08:55	22:07:12	0:06:30	76.6%	72	5	2	6	2
6	Frazer Heasman	24	M	MS	Bure Valley Harriers	15	1:08:57	22:02:45	0:06:31	68.3%	334	6	3	19	4
7	Richard White	56	M	MM	Wymondham AC - Open	15	1:09:11	19:58:24	0:06:32	81.3%	16	7	2	1	5
8	Peter Ward	52	M	MM	Thorney Running Club	15	1:10:27	24:41:52	0:06:39	77.1%	62	8	3	5	6
9	Darren Riley	54	M	MM	Garden City Runners	15	1:11:40	21:43:03	0:06:46	77.1%	60	9	4	4	7
10	Eddie Alford	30	M	MS	Reepham Runners - Mixed	15	1:12:39	24:29:31	0:06:52	64.9%	502	10	4	28	8
11	Mark Edwards	51	M	MM	Norwich Road Runners - Masters	15	1:12:52	20:51:23	0:06:53	73.9%	130	11	5	9	9
12	Andrew Cole	49	M	MM	March AC	15	1:12:53	21:21:21	0:06:53	72.7%	170	12	6	11	10
13	Andy Clark	49	M	MM	Great Yarmouth Road Runners - Open	15	1:12:54	24:40:49	0:06:53	72.7%	172	13	7	12	11
14	Mark Lawrence	25	M	MS	Bishops Stortford Running Club	15	1:13:36	24:34:42	0:06:57	64.0%	543	14	5	33	12
15	Laura Dixon	32	F	LS	Dereham - Open	15	1:13:39	23:52:25	0:06:57	71.8%	205	15	3	14	3
16	Craig Irving	37	M	MS	RAF Marham	15	1:14:30	25:00:36	0:07:02	64.6%	514	16	6	30	13
17	Richard Agger	40	M	MM	Fenland Running Club - Open	15	1:14:59	20:55:34	0:07:05	65.7%	463	17	8	25	14
18	Martin Candish	34	M	MS	Stamford Striders	15	1:15:06	24:32:12	0:07:05	63.1%	583	18	7	35	15
19	Martin Newton	39	M	MS	Wellingborough & District AC - Team 1	15	1:15:26	25:00:25	0:07:07	64.8%	505	19	8	29	16
20	David Saker	36	M	MS	Old Greshamians - Team 1	15	1:16:31	24:47:02	0:07:14	62.6%	620	20	9	38	17
21	Chris Chorley	54	M	MM	Bungay Black Dog Running Club	15	1:16:32	26:13:09	0:07:14	72.2%	194	21	9	13	18
22	Richard Harbon	55	M	MM	North Herts Road Runners	15	1:16:39	24:41:33	0:07:14	72.8%	167	22	10	10	19
23	Pete Wood	36	M	MS	Ely Runners - Team B	15	1:19:22	25:38:25	0:07:30	60.3%	714	23	10	45	20
24	Ben Snelling	46	M	MM	Norwich Road Runners - Open	15	1:19:31	21:15:09	0:07:31	65.0%	493	24	11	27	21
25	Peter Rackham	25	M	MS	Metros RC	15	1:19:35	25:12:51	0:07:31	59.2%	753	25	11	48	22
26	Nic Holden	42	F	LM	Coltishall Jaguars - Mixed	15	1:19:57	22:33:36	0:07:33	69.1%	305	26	1	18	4
27	Flic Quinn	23	F	LS	North Norfolk Beach Runners - Team A	15	1:20:18	20:11:51	0:07:35	65.7%	462	27	4	24	5
28	James Howlett	44	M	MM	Framlingham Flyers	15	1:20:41	25:41:15	0:07:37	63.0%	588	28	12	36	23
29	Victoria Holden	36	F	LM	Paddock Wood AC	15	1:20:48	20:57:46	0:07:38	66.2%	437	29	2	21	6
30	Lisa Owen	38	F	LM	Norwich Road Runners - Ladies	15	1:22:06	24:11:17	0:07:45	65.7%	464	30	3	26	7
31	Matt Unwin	41	M	MM	Pink & Blacks	15	1:22:20	25:11:48	0:07:46	60.3%	713	31	13	44	24
32	Penny Seeger	31	F	LS	Ryston Runners - Ladies	15	1:23:06	24:18:43	0:07:51	63.6%	563	32	5	34	8

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33	Kirk Price	35	M	MS	North Norfolk Beach Runners - Team B	15	1:23:27	25:30:28	0:07:53	57.1%	828	33	12	49	25
34	Stephen Pointer	31	M	MS	Coltishall Jaguars - Open	15	1:23:35	23:30:19	0:07:54	56.4%	851	34	13	50	26
35	Rosa Sampson Geroski	28	F	LS	Cambridge and Coleridge AC - Team B	15	1:23:46	23:19:53	0:07:55	63.0%	590	35	6	37	9
36	Marianne Page	43	F	LM	Norfolk Gazelles Dorcas	15	1:24:40	22:27:00	0:08:00	65.8%	460	36	4	23	10
37	Graham Hardingham	56	M	MM	Norfolk Gazelles Chinkara	15	1:24:47	24:10:33	0:08:00	66.4%	431	37	14	20	27
38	Rob Crockford	46	M	MM	Dereham - Club	15	1:25:08	23:20:58	0:08:02	60.7%	696	38	15	42	28
39	David Philpot	57	M	MM	Ramsey Road Runners	15	1:25:49	24:47:56	0:08:06	66.2%	438	39	16	22	29
40	Gemma Rose	31	F	LS	Fenland Running Club - Ladies	15	1:26:13	26:08:35	0:08:08	61.3%	664	40	7	41	11
41	Ian Mulcahy	56	M	MM	Riverside Runners	15	1:27:08	23:21:51	0:08:14	64.6%	516	41	17	31	30
42	Jason Gale	27	M	MS	Haverhill Running Club	15	1:27:17	24:12:16	0:08:15	54.0%	912	42	14	53	31
43	Russell Slattery	32	M	MS	Thetford AC	15	1:27:27	25:45:36	0:08:15	54.0%	914	43	15	54	32
44	Neil Harvey	57	M	MM	Biggleswade AC	15	1:28:34	25:09:02	0:08:22	64.1%	540	44	18	32	33
45	Adrian Whittle	52	M	MM	Newmarket Joggers	15	1:29:33	23:46:58	0:08:27	60.7%	697	45	19	43	34
46	Dawn Marshall	55	F	LM	Saint Edmund Pacers - Team A	15	1:31:52	23:30:30	0:08:40	69.4%	293	46	5	16	12
47	Katrina Wastenev	45	F	LM	West Norfolk AC	15	1:31:52	25:25:14	0:08:40	61.6%	641	47	6	40	13
48	Sarah Partridge	61	F	LM	Ryston Runners - Masters	15	1:32:16	24:17:45	0:08:43	75.0%	104	48	7	8	14
49	Marie-Anne Fischer	56	F	LM	Headington Road Runners	15	1:33:12	24:35:50	0:08:48	69.3%	296	49	8	17	15
50	Julie Webster	48	F	LM	Great Yarmouth Road Runners - Ladies	15	1:34:33	27:57:57	0:08:56	61.7%	640	50	9	39	16
51	Laura Parry	29	F	LS	City of Norwich AC - Team C	15	1:34:57	25:20:46	0:08:58	55.6%	872	51	8	51	17
52	Peter Woods	34	M	MS	Felixstowe Road Runners	15	1:35:35	25:53:24	0:09:02	49.6%	989	52	16	58	35
53	Julia Baldwin	47	F	LM	Stowmarket Striders Running Club	15	1:35:56	25:30:21	0:09:04	60.2%	720	53	10	46	18
54	Ian Kingstone	51	M	MM	Bedford Harriers	15	1:39:25	25:50:01	0:09:23	54.2%	907	54	20	52	36
55	Simon Cooper	52	M	MM	Old Greshamians - Team 2	15	1:41:36	25:53:40	0:09:36	53.5%	927	55	21	56	37
56	Richard Bulman	66	M	MM	Reepham Runners - Masters	15	1:42:59	25:54:18	0:09:43	60.0%	730	56	22	47	38
57	Janice Cogle-Hibbert	44	F	LM	Tri-Anglia Triathlon Club	15	1:46:18	25:14:33	0:10:02	52.8%	938	57	11	57	19
58	Lucy Spinks	27	F	LS	Norwich Road Runners - Mixed	15	1:47:31	26:07:38	0:10:09	49.1%	991	58	9	59	20
59	Tracy Stevens	48	F	LM	Wymondham AC - Ladies	15	1:48:13	25:13:58	0:10:13	53.9%	916	59	12	55	21
60	Mark Bonham	49	M	MM	Wellingborough & District AC - Team 2	15	1:58:34	25:58:58	0:11:12	44.7%	1019	60	23	60	39
61	Martin Avis	45	M	MM	Saint Edmund Pacers - Team B	15	2:02:33	24:36:39	0:11:34	41.8%	1030	61	24	61	40