

Stage 2: Hunstanton to Burnham Overy - 14.06 miles

Pos	Runner	Age	Sex	Cat	Team	Stage	Time	Team Time	Pace	AG%	AG% rank	Stage pos	Cat pos	Cat AG Pos	stage/sex
1	Adrian Mussett	45	M	MM	City of Norwich AC - Team A	2	1:21:03	3:08:27	0:05:46	85.1%	6	1	1	1	1
2	Alastair Hodges	38	M	MS	Cambridge & Coleridge AC - Team A	2	1:30:49	3:09:52	0:06:28	71.8%	204	2	1	8	2
3	Neil Adams	40	M	MM	North Norfolk Beach Runners - Team A	2	1:31:26	3:32:18	0:06:30	72.5%	178	3	2	5	3
4	Mike Kendal	46	M	MM	Riverside Runners	2	1:34:39	3:59:02	0:06:44	73.5%	143	4	3	4	4
5	Paul Cooke	40	M	MM	Biggleswade AC	2	1:34:54	3:43:37	0:06:45	69.8%	273	5	4	11	5
6	Andy Mulligan	26	M	MS	Coltishall Jaguars - Mixed	2	1:35:06	3:53:46	0:06:46	67.0%	402	6	2	21	6
7	Sean Connolly	48	M	MM	Fenland Running Club - Open	2	1:35:43	3:37:04	0:06:48	73.9%	132	7	5	3	7
8	Jason Allard	43	M	MM	Stowmarket Striders Running Club	2	1:36:01	4:14:37	0:06:50	70.7%	237	8	6	10	8
9	Carl Goose	31	M	MS	Bure Valley Harriers	2	1:36:51	3:44:52	0:06:53	65.8%	456	9	3	25	9
10	Martin Stringfellow	44	M	MM	Wymondham AC - Open	2	1:38:51	3:29:15	0:07:02	69.2%	299	10	7	13	10
11	Gordon Irvine	38	M	MS	Ely Runners - Team A	2	1:40:49	3:27:52	0:07:10	64.7%	511	11	4	28	11
12	David Sampson	57	M	MM	Paddock Wood AC	2	1:41:00	3:38:49	0:07:11	75.8%	89	12	8	2	12
13	Elizabeth Daly	34	F	LS	Dereham - Club	2	1:42:40	3:41:32	0:07:18	69.4%	292	13	1	12	1
14	Rob Casserley	45	M	MM	Garden City Runners	2	1:43:14	3:39:08	0:07:21	66.8%	409	14	9	22	13
15	Jared Bethell	34	M	MS	Bishops Stortford Running Club	2	1:43:45	3:49:13	0:07:23	61.6%	645	15	5	36	14
16	Martin Horlock	43	M	MM	Norwich Road Runners - Masters	2	1:44:33	3:31:31	0:07:26	64.9%	498	16	10	26	15
17	Chris Bullock	43	M	MM	Norwich Road Runners - Open	2	1:44:38	3:39:55	0:07:27	64.9%	501	17	11	27	16
18	Mick Stacey	56	M	MM	March AC	2	1:44:41	3:43:22	0:07:27	72.5%	179	18	12	6	17
19	Simon Bekker	42	M	MM	Great Yarmouth Road Runners - Open	2	1:44:50	3:59:46	0:07:27	64.2%	531	19	13	29	18
20	Sam Brooke	26	M	MS	Felixstowe Road Runners	2	1:44:55	3:45:30	0:07:28	60.8%	693	20	6	37	19
21	Sarah Peachey	33	F	LS	Wymondham AC - Ladies	2	1:44:55	4:03:28	0:07:28	67.8%	361	21	2	18	2
22	Simon Able	46	M	MM	Ryston Runners - Open	2	1:45:05	3:48:37	0:07:28	66.2%	434	22	14	23	20
23	Gary Grand	55	M	MM	Norwich Road Runners - Mixed	2	1:45:07	3:59:51	0:07:29	71.5%	217	23	15	9	21
24	Mark Storey	52	M	MM	City of Norwich AC - Team B	2	1:46:06	3:45:19	0:07:33	69.0%	311	24	16	15	22
25	Martin Koenigsberger	48	M	MM	West Norfolk AC	2	1:47:02	3:44:32	0:07:37	66.1%	440	25	17	24	23
26	Tom Robinson	38	M	MS	Reepham Runners - Mixed	2	1:48:02	4:03:33	0:07:41	60.4%	709	26	7	39	24
27	Brook Doughty	27	M	MS	RAF Marham	2	1:51:27	4:29:36	0:07:56	57.2%	822	27	8	46	25
28	Scott Shrubsall	37	M	MS	Coltishall Jaguars - Open	2	1:51:50	4:01:39	0:07:57	57.9%	798	28	9	43	26
29	Emma Potter-Campbell	47	F	LM	Dereham - Open	2	1:53:37	3:38:51	0:08:05	68.5%	330	29	1	16	3
30	Steve Sadd	58	M	MM	Norfolk Gazelles Chinkara	2	1:53:54	3:58:44	0:08:06	67.8%	358	30	18	17	27
31	Chris Edwards	57	M	MM	Reepham Runners - Masters	2	1:54:01	3:56:01	0:08:07	67.2%	394	31	19	20	28
32	Mark Doughty	43	M	MM	Ryston Runners - Masters	2	1:54:13	4:15:02	0:08:07	59.4%	746	32	20	40	29

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33	Mark Louth	52	M	MM	Thorney Running Club	2	1:55:15	4:03:56	0:08:12	63.5%	565	33	21	31	30
34	Mark Drysdale	44	M	MM	Norfolk Gazelles Dorcas	2	1:55:20	3:54:34	0:08:12	59.3%	748	34	22	41	31
35	Isabelle Lemasson	35	F	LM	Cambridge and Coleridge AC - Team B	2	1:55:23	4:02:53	0:08:12	62.0%	633	35	2	35	4
36	Phil Bamford	65	M	MM	City of Norwich AC - Team C	2	1:59:33	4:37:30	0:08:30	69.1%	307	36	23	14	32
37	Jamie Randall	51	M	MM	Haverhill Running Club	2	1:59:46	4:10:54	0:08:31	60.6%	700	37	24	38	33
38	Lesley Robins	45	F	LM	Ryston Runners - Ladies	2	1:59:51	3:58:33	0:08:31	63.6%	561	38	3	30	5
39	Dan Watt	31	M	MS	Old Greshamians - Team 1	2	2:00:27	5:19:23	0:08:34	52.9%	936	39	10	55	34
40	Paul Rayner	56	M	MM	Thetford AC	2	2:00:30	4:27:32	0:08:34	63.0%	592	40	25	32	35
41	Tom Warner	29	M	MS	Wellingborough & District AC - Team 1	2	2:01:15	5:12:57	0:08:37	52.6%	942	41	11	56	36
42	Catherine Henery	53	F	LM	Norwich Road Runners - Ladies	2	2:04:36	4:16:29	0:08:52	67.2%	388	42	4	19	6
43	David Sawyer	61	M	MM	Headington Road Runners	2	2:06:59	4:23:59	0:09:02	62.6%	618	43	26	33	37
44	Anna Froswick	28	F	LS	Tri-Anglia Triathlon Club	2	2:07:33	4:17:20	0:09:04	55.5%	875	44	3	51	7
45	Jo Woledge	44	F	LM	Saint Edmund Pacers - Team A	2	2:07:51	4:24:48	0:09:06	59.1%	759	45	5	42	8
46	Sarah Starr	34	F	LS	Ely Runners - Team B	2	2:08:01	4:32:17	0:09:06	55.7%	870	46	4	50	9
47	Andy Westhead	35	M	MS	Pink & Blacks	2	2:08:14	4:24:32	0:09:07	50.0%	981	47	12	60	38
48	Oscar Wood	17	M	MJ	Framlingham Flyers	2	2:08:31	4:08:29	0:09:08	52.2%	953	48	1	58	39
49	Alan Shand	62	M	MM	Newmarket Joggers	2	2:08:36	4:14:22	0:09:09	62.4%	623	49	27	34	40
50	Michael Morris	50	M	MM	Metros RC	2	2:08:36	4:17:26	0:09:09	56.0%	866	50	28	49	41
51	Nicholas Smith	51	M	MM	Stamford Striders	2	2:08:46	4:09:50	0:09:10	56.4%	853	51	29	47	42
52	Jane Greenwood	62	F	LM	Fenland Running Club - Ladies	2	2:11:04	4:31:18	0:09:19	72.3%	192	52	6	7	10
53	Ellie Scott	28	F	LS	North Herts Road Runners	2	2:11:05	4:00:51	0:09:19	54.0%	913	53	5	52	11
54	Neil Macdonald	56	M	MM	Wellingborough & District AC - Team 2	2	2:11:48	4:09:36	0:09:22	57.6%	808	54	30	45	43
55	Stuart Bullard	42	M	MM	Bedford Harriers	2	2:12:13	4:38:54	0:09:24	50.9%	976	55	31	59	44
56	Sarah Atkinson	33	F	LS	Old Greshamians - Team 2	2	2:12:50	4:36:10	0:09:27	53.5%	926	56	6	53	12
57	Stephen Lawson	52	M	MM	Ramsey Road Runners	2	2:19:18	4:27:20	0:09:54	52.6%	943	57	32	57	45
58	Sal Ryder	51	F	LM	North Norfolk Beach Runners - Team B	2	2:21:05	4:41:26	0:10:02	57.9%	800	58	7	44	13
59	Jane Trudgill	44	F	LM	Great Yarmouth Road Runners - Ladies	2	2:21:50	4:46:55	0:10:05	53.2%	931	59	8	54	14
60	Lucy Smith	34	F	LS	Saint Edmund Pacers - Team B	2	2:27:40	4:24:52	0:10:30	48.3%	996	60	7	61	15
61	Robin Ashe	66	M	MM	Bungay Black Dog Running Club	2	2:28:45	4:53:06	0:10:35	56.1%	863	61	33	48	46