



**Free parking**

## STAGE 10

### Belton to Earsham

18.13 miles

**Minimum age 17 yrs**

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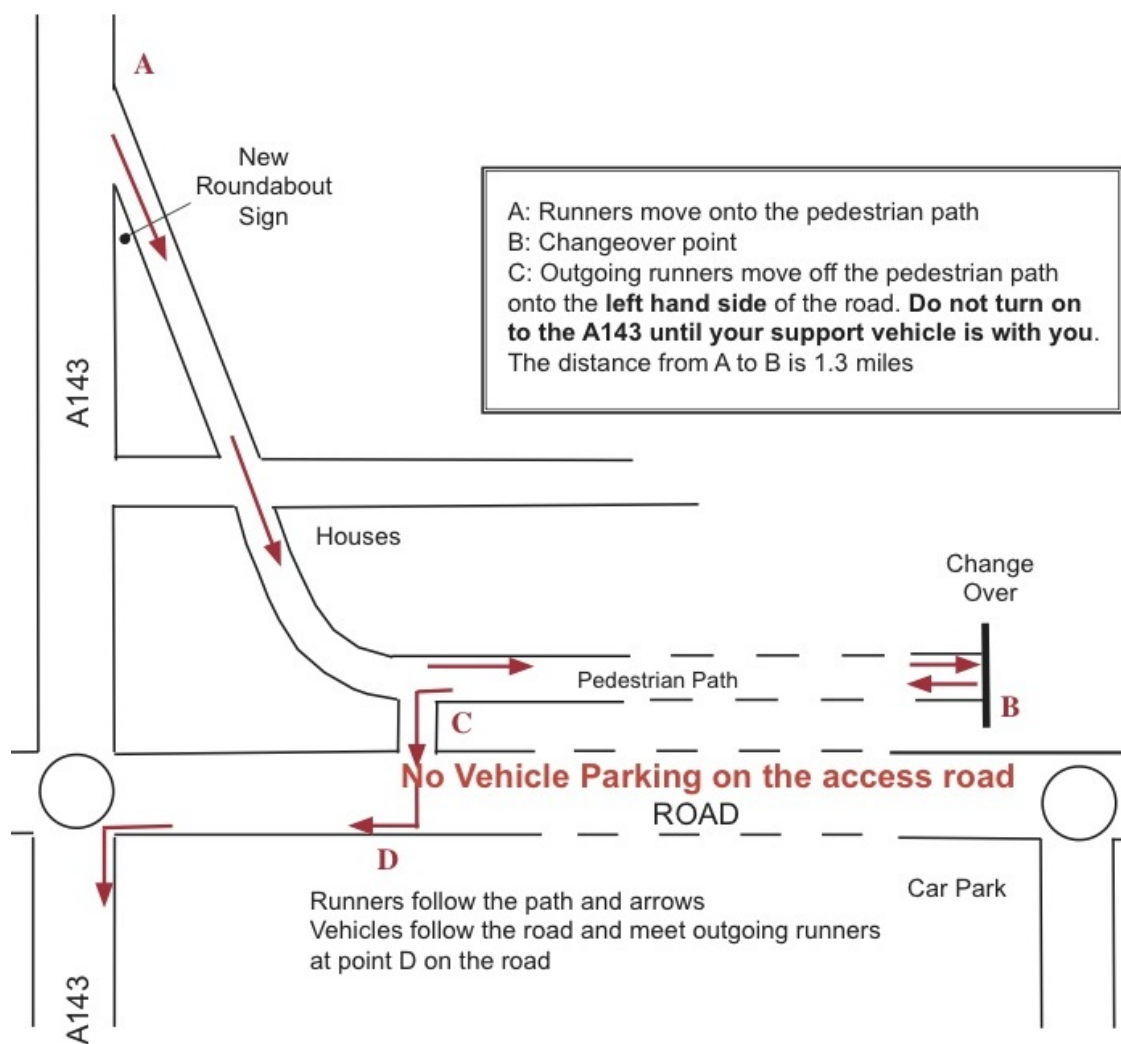
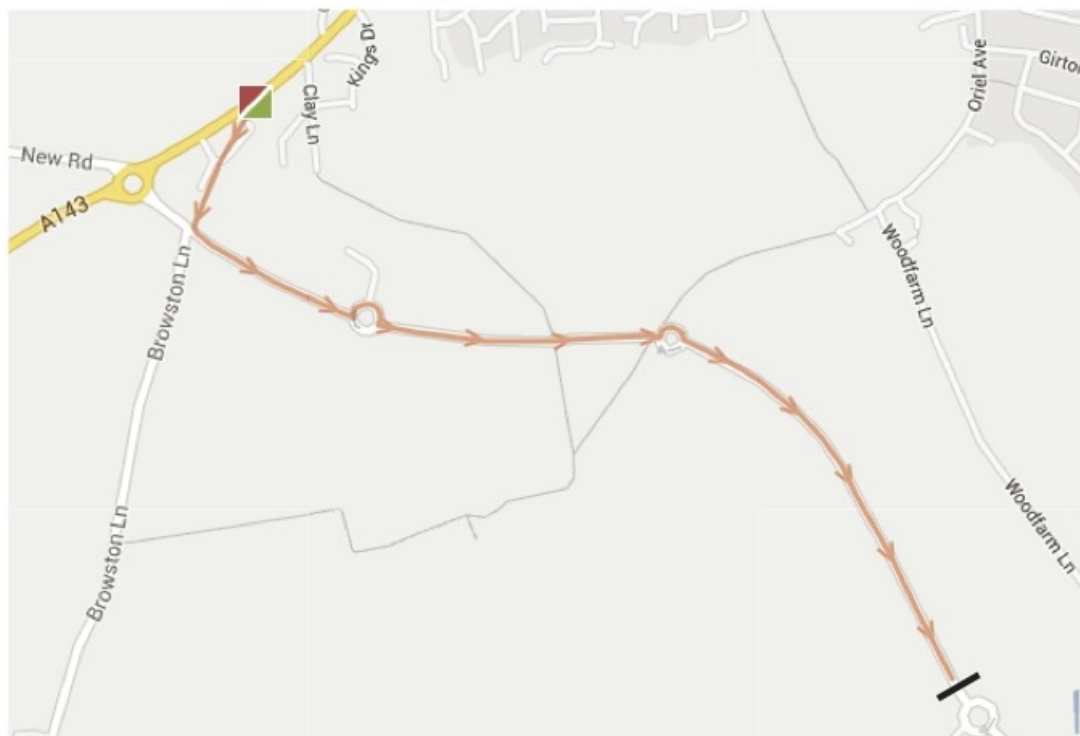


**Free parking,  
changing, toilets and  
refreshments available**

**10a.** From the changeover ([TG 514 023](#)) return on the left hand side of the pedestrian path. **⚠ Beware of approaching runners and cyclists.**

**10b.** 100 metres before the main roundabout cross the road where indicated to join your support vehicle. At the roundabout turn left

## Belton Stage Change Over Details



- 10c.** Follow the A143 for approximately 9.5 miles through St Olaves and Haddescoe to the large roundabout at Mcdonalds and services. Take the third exit marked 'Diss, Norwich and Bungay'.

**10d.** Follow the main road for 1 mile to another roundabout and take the first exit marked 'A143 Bungay'

**10e.** Follow the main A143 for 6 miles bypassing Bungay. Then turn left into a minor road signed for Earsham



**10f.** After 200 metres turn right and continue for 20 metres to the T- junction. **⚠ Be extra cautious at the right turn and beware of oncoming traffic.**



**10g.** At the T-junction turn right and continue for 575 metres to the changeover (TM 315 884). **⚠ Be extra cautious at the right turn and beware of oncoming traffic.**

