

SUMMARY OF STAGES AND FACILITIES AT CHANGE-OVER POINTS (2018)

Facilities listed refer to the **START** of the stage. To determine what is available at the **END** of the stage refer to the next stage number. Items in red indicate changes made in 2018.

Stge	Start Location	Miles	Min Age	1st Year	Terrain	Toilets	Food/Drink	Other Facilities	Marshalls
<u>1</u>	King's Lynn	16.32	18	2015	Multi-Terrain	Yes (Plenty)	Meal Service	Change/Shower Parking	Dereham,
<u>2</u>	Hunstanton	14.06	17	2005	Multi-Terrain	Public	Café nearby	Free parking Designated area	Reepham R
<u>3</u>	Burnham Overy	5.76	15	2010	Multi-Terrain	The Boathouse,	Coffee	Limited parking	Cottishall
<u>4</u>	Wells	11.14	17	2010	Multi-Terrain	Public	Café	Parking (Pay and Display)	Norfolk Gazelles,
<u>5</u>	Cley	10.81	16	2010	Multi-Terrain	Portaloo x2	Wiveton Hall Café and Cley	Park Wiveton Hall/Ch.over	NRR
<u>6</u>	Cromer	7.90	16	2006	Road	Public	Café	Parking (Pay & Display)	NNBR
<u>7</u>	Mundesley	9.24	16	2006	Road	Village Hall	Snacks Village hall	Limited parking	NNBR
<u>8</u>	Lessingham	7.52	16	2006	Road	Village hall	None	Parking	CONAC
<u>9</u>	Horsey	16.60	18	2016	Road	National Trust	Kiosk (limited opening)	Free parking, showers	CONAC, Bedford H
<u>10</u>	Belton	18.13	18	2016	Road	Portaloo x1	Not known	Free parking	GYRR, Wymondham
<u>11</u>	Earsham	12.45	17	2014	Road	Toilets in Centre	Snacks (tea room)	Free parking	Bungay BDRC
<u>12</u>	Scole	19.67	18	2008	Road	Portaloo x1	None	Parking in field	Haverhill AC
<u>13</u>	Thetford	13.25	17	2008	Road	Portaloo x1	Snacks (<i>Thetford AC</i>)	Park on side road	Thetford AC
<u>14</u>	Feltwell	7.27	16	2012	Road	Portaloo x2	None	Park on side road	Bishop's Stortford
<u>15</u>	Wissington	10.59	16	2012	Road	Portaloo x2	None	Parking by changeover	Cambs and Coleridge
<u>16</u>	Downham Market	5.49	15	2002	Road	Portaloos in Heygates car park	None	Heygates Car Park	Tri Anglia
<u>17</u>	Stowbridge	11.73	17	2006	Multi-Terrain	Portaloo x1	None	Small car park	Stowmarket, W.Norfolk, Pinks & Blacks