

## ROUND NORFOLK RELAY 2016 - TEAM CONFIRMATION

<b>Team No:</b>	59
<b>Team:</b>	Felixstowe Road Runners
<b>Class:</b>	Club

<b>Class</b>
<b>check</b>
ok

<b>Coordinator:</b>	Richard Smith
<b>Email:</b>	richardsmithesq@btinternet.com

<b>Timekeeper:</b>	Richard Smith
<b>Email:</b>	richardsmithesq@btinternet.com

<b>Declaration</b>	Amended Declaration
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Stage	Runner	Age	Sex	Category	Check
Stage 1	Daniel Shanks	42	m	MM	ok
Stage 2	Ben Jacobs	40	m	MM	ok
Stage 3	Jo Whelen	56	f	LM	ok
Stage 4	Shaun Goode	53	m	MM	ok
Stage 5	Adi Goode	52	f	LM	ok
Stage 6	Jonny Miles	34	m	MS	ok
Stage 7	Matt Saunders	40	m	MM	ok
Stage 8	Liz Beighton	42	f	LM	ok
Stage 9	Simon Wiggins	44	m	MM	ok
Stage 10	Magic Merrick	42	M	MM	ok
Stage 11	Steven Brooke	48	m	MM	ok
Stage 12	Danny Rock	35	m	MS	ok
Stage 13	Sam Brooke	25	m	MS	ok
Stage 14	David Inder	51	m	MM	ok
Stage 15	Gail Mackie	27	f	LS	ok
Stage 16	Caleb Woodard	17	m	MJ	ok
Stage 17	Carla Wiggins	36	f	LM	ok

Estimated Running Time	27:34:34
Start Time	06:00:00
Estimated Finish Time	09:34:34

Note: Categories are:

- MS Men - senior
- MM Men - masters
- MJ Men - junior
- LS Ladies - senior
- LM Ladies- masters
- LJ Ladies - Junior

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declared/team 59
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